The product does not have a separate manual but the label contains the instructions as follows:

Hard skin removal. Package contents: 1x Scholl Expert Care electric foot file, 1x Scholl Ultra coarse rotating head with diamond crystals, 1x Scholl cracked heel rotating head, 4x AA batteries. 100 years of experience. New and improved. The ultra rough rotary head easily and effectively removes hard skin from the feet. With a replacement head for cracked heels. For silky smooth feet and heels. The cracked heel rotating head has a specially designed perfectly adapted shape for the heels. Effectively, easily and quickly improves the appearance of cracked heels. For best results, apply any Scholl moisturizing cream to the feet after using the electric file. Procedure for best results: Step 1: Remove the hard skin from your feet with the electric file. Step 2: Apply any Scholl cream to your feet.

CAN BE USED ON WET AND DRY SKIN. TWO-SPEED SYSTEM TO ADJUST THE PERFORMANCE ACCORDING TO YOUR NEEDS. SPECIAL DESIGN FOR BETTER HANDLING. Instructions for use: Keep the packaging for future reference. Safety instructions: For use on calloused skin of the feet only. Do not use the appliance on any other part of the body. Use only for its intended purpose. Keep out of reach of children. Do not use on the same area for more than 3 to 4 seconds at a time. If irritation or discomfort occurs, discontinue use immediately. Do not use on sore or irritated skin. Do not soak the appliance. This product is not suitable for diabetics or people with poor blood circulation. Keep hair out of reach when using the appliance. Scholl and the Scholl logo are trademarks of Scholl Wellness Company.

INSTRUCTIONS FOR USE: First use: 1. Remove the base of the unit by pulling the outer battery cover from the handle of the appliance. 2. Open the inner battery cover by pressing the tab. 3. Insert 4 new AA batteries according to the instructions on the appliance. 4. Press the inner battery cover down until it clicks into the closed position. 5. Replace the base of the unit by pressing the outer battery cover onto the handle of the appliance. Regular use to remove hard skin on the feet with the ultra coarse rotating head and the cracked heel rotating head: 1. Check that the rotating head is securely attached. Do not use without the rotating head attached. 2. Turn the appliance on and



off by pressing the button. Use the button to set the desired speed. Gently slide the medium roughening rotating head over the hardened skin and continue until the desired level of softness is achieved. Do not press too hard or the appliance will stop. 3. After switching off, check whether you have achieved the desired smoothness. If the smoothness is not sufficient, switch the appliance back on and continue until the desired result is achieved. Warning: Do not use on the same area for more than 3 to 4 seconds continuously. Stop if skin irritation or burning occurs. 4. Wipe off or rinse off excess dead skin. 5. Dry the skin thoroughly and apply moisturizer for wonderfully soft feet! Use the cracked heel head only on your heels. Replacing the rotating head: Replace the rotating head when you notice that it is less effective. Follow the steps below and make sure that the foot file is switched off. Use only Scholl Velvet Smooth*TM* or Scholl Expert Care rotating heads. 1. Remove the rotating head by pressing the button as shown. 2. When replacing, replace the rotating head (with a click) back into place. Replacing the batteries: Warning: Do not mix old and new batteries or battery types (e.g. alkaline and standard). Do not use rechargeable batteries. Used batteries must be recycled or disposed of properly. 1. Remove the base of the unit by pulling the outer battery cover from the handle of the file. 2. Open the inner cover by pressing the tab and remove the used batteries. 3. Insert 4 new AA batteries according to the instructions on the file. 4. Push the inner battery cover down until it clicks into the closed position. 5. Replace the base of the unit by pushing the outer battery cover onto the handle of the file.