

Customer information

Thank you for choosing to purchase this product. With this product, you can enjoy thrilling hours alone or together with your partner by using it as a training or stimulation product for solo sex or before or during erotic play.

To ensure that you can keep enjoying this product for a long time to come, please read all of the information on the safe and optimum way to use your product and keep it safe for later reference. Also, be sure to keep the product packaging (if any), since it may contain further information on the product or on batteries or recharging.

Safety notes

- Keep out of reach of children. Small parts can cause choking.
- Do not use product on broken or irritated skin.
- Do not share this product with others in order to avoid illnesses and infections.
- Read the information on the product packaging carefully in order to avoid allergic reactions (e.g. to latex or other substances).
- Immediately discontinue use if you experience unpleasant skin irritation or physical discomfort.
- Do not freeze or heat this product.
- This product is not suitable for commercial use.
- Ensure that you are using the product safely in order to avoid injury. Your use of this product is at your own risk.
- No liability whatsoever can be accepted for any harm, damage, or accidents caused by improper use or failure to observe these safety notes.

General information

- Do not use this product unless you are in good physical health and condition.
- Use this product at your own risk.

Before first use

- Before the first time you use the product, clean it with warm water and soap. To prevent damage to your device, please make sure no water enters the battery compartment.

If applicable:

- Charge the product or insert the batteries (may be included). Please see the product packaging for information on changing or charging batteries.

Use of love balls and vibro eggs

Balls with different weights are suitable for effective pelvic floor training in order to brace the vagina more intensely during sex.

1. Apply adequate lubricant to the surface of the product.

NOTE: To avoid damaging the material, use water-based lubricant only.

2. To get a comfortable position for inserting the product, lie down or crouch down while spreading your legs.

3. Insert the product into the vagina.

NOTE: The correct position of the product is achieved if you do not feel it when you are resting.

If applicable (otherwise continue with step 7):

4. To start the vibration, use the control unit to turn the product on.
5. To change the vibration setting, carefully press, turn, or slide the control unit.
6. To turn the vibration back off after use, press, turn, or slide the control unit into the initial position.
7. If necessary, slowly remove the product from the body using the retrieval tape.

Instructions for training the pelvic floor muscles with balls (if applicable):

- To effectively train your pelvic floor muscles, use the balls once or twice a day for about 15 minutes. During the workout you can pursue your normal activities. The most effective way is the training if you keep moving, i.e., stand or walk.
- To intensify the training, some balls have a "vibrating" interior parts and/or weights. By moving while walking or standing, the interior of the balls is vibrated.
- To avoid overstraining and thus sore muscles of the pelvic floor muscles, make sure not to overdo the training at the very beginning. Only use heavier weights if you are adequately trained.
- If you cannot hold the balls at the beginning of the workout without major effort, try larger or lighter balls first.

Optional (if applicable):

- Some balls and vibro eggs have a radio remote control. To enrich your lovemaking, give the radio remote control to your partner to control the vibration.
- Some vibro eggs are also suitable for stimulating other erogenous zones. Switch on the vibration and slowly slide with the vibrating egg over the breast nipple, belly, buttocks, pubis, testicles, etc.
- Some balls have none or only a very short return strap and are therefore not suitable for anal use as they can slide too far into the anus. When used vaginally, you can squeeze the balls out with your muscle power.

Use of anal chains and butt plugs

To prevent injury or rupture of the sphincter during penetration, carefully stretch your sphincter before anal intercourse. Initially use only smaller diameter cords or plugs and increase the size carefully.

1. Apply adequate lubricant to the surface of the product.
NOTE: To avoid damaging the material, use water-based lubricant only.
NOTE: To avoid pain during penetration, injury or rupture of the sphincter, use sufficient lubricant.
2. For a comfortable position for inserting the product, bend forward on all fours or lie on your back with a pillow under your butt or squat over the product.
3. Slowly insert the product into the anus.
NOTE: The anus contains two muscle rings that the product has to pass through during insertion. To introduce the product despite muscle contraction, proceed slowly and gently. If necessary, relax your anus beforehand by circular movements with your finger.
NOTE: The return handle or stopper prevents the product from sliding completely into the anus.

If applicable (otherwise continue with step 7):

4. To start the vibration, use the control unit to turn the product on.
5. To change the vibration setting, carefully press, turn, or slide the control unit.
6. To turn the vibration back off after use, press, turn, or slide the control unit into the initial position.
7. Slowly remove the product from the body using the retrieval grip.

Optional (if applicable):

- Certain plugs are equipped with a suction foot which can be used to attach the product to a smooth, clean and dry surface. This keeps your hands free for additional stimulation.
- Some plugs are hollow inside and allow the viewer an insight into the anus. Alternatively, you can fill the tunnel with liquids, e.g. water.
- Some plugs have a pump ball. To increase the diameter of the plug, press the pump ball repeatedly if necessary. The plug is inflated. To let the air escape, open the valve.

Care instructions


- Allow the product to cool off after every use before putting it away.
- Clean the product with warm water and soap after every use. To prevent damage to your device, please make sure no water enters the battery compartment.
- Keep the product in a clean, cool and dry place. Moisture can damage the batteries and motor. Avoid direct sunlight.
- To prevent chemical reactions, store this product by itself, not together with other products made from various materials.
- To extend the life of the batteries and prevent damage to the product, remove the batteries from the product after every use.


Note for power adapters/chargers included with the product

The power adapter/charger is not intended for use by persons (including children) with limited physical, sensory, or mental abilities or those who lack experience and/or knowledge, unless they are supervised by a responsible person or have been instructed in the proper use of the power adapter/charger. Children should be supervised to ensure that they do not play with the power adapter/charger or individual parts thereof.

Disposal information

Please do not discard the packaging material or old devices. Recycle items where possible. Please take old devices to the appropriate collection points according to your local legislation and Directives 2012/19/EC and 2006/66/EC.

The symbol of the crossed-out garbage can on wheels () shows that this product must be taken to an e-waste collection point for disposal so that it can be recycled optimally.

Batteries do not belong in household waste. As a consumer, you are under a legal obligation to turn in used batteries. You can do this at public collection points or places where batteries are sold. You can also return batteries of the relevant type to us at no charge after use. Batteries that contain harmful substances are marked with the  symbol and one of the following chemical symbols:

- Pb = Battery contains more than 0.004 percent lead by mass,
- Cd = Battery contains more than 0.002 percent cadmium by mass or
- Hg = Battery contains more than 0.0005 percent mercury by mass.

Lithium batteries and battery packs for all systems can only be turned in at collection points if they have been discharged. To prevent short-circuits in the event of incomplete discharging, the poles on these types of batteries should be insulated using a substance such as adhesive tape before the batteries are returned.

We hope you enjoy using the product, and that it meets your expectations.

Best regards,

Your erotic specialist

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