

WARNINGS

- **Unsuitable skin tones and hair types:**
- IPL is not suitable for dark skin tones, for example, those of Afro-Caribbean, Black African, Indian or Pakistani descent. See “Suitable Skin Types” and always carry out a Patch Test.
- IPL is not suitable for the removal of red, light blonde, grey or white hair.
- **Areas not to treat:**
- Do NOT treat over tattoos, permanent make-up, pimples, acne, warts, hair on black spots or moles, dark freckles, skin disease, birth marks, burns, nipples, genital or anal areas, varicose veins, eczema, cold sores, psoriasis, open wounds, on abnormal skin pigmentation such as albinism and vitiligo or on broken skin.
- **Do not use if:**
- You are pregnant or breast feeding, you have a history of epilepsy or are taking medication known to increase photosensitivity. If you have any history of epileptic seizures we do NOT recommend using IPL. Common medications can cause photosensitivity so if you are on any medication you should check for photosensitivity warnings and if in any doubt consult your doctor. Common medications which can cause photosensitivity include some diuretics, some antibiotics, tricyclic antidepressants and medications prescribed for thyroid conditions, lupus and arthritis.
- Do NOT use if you have a history of skin cancer.
- Do NOT use if you have diabetes, kidney disease, heart disease or thyroid problems.
- Do NOT treat the same area repeatedly in any one session.
- Never use on any part of the body where you might later want hair to grow back.

WARNINGS

- **Possible reactions:**
- Most people feel a heating sensation during treatment. Some people experience a slight reddening of the skin. In most cases this will disappear within 24 hours, but on rare occasions it may take up to 72 hours.
- The following effects will require discontinuation of treatment. In each case, cool the area - we recommend using an aloe vera cooling gel. If symptoms continue after 48 hours, seek medical advice.
- Pain in the area treated
- Itching in the area treated
- Redness
- If blistering or burning occurs, seek medical advice immediately.
- If you experience unexpected behaviour when using this product then it is possible some external electromagnetic interference is responsible. Electrostatic discharge may cause the device to stop. You should remove this source and restart the product to restore full operation.

KNOW YOUR UNIT



- 1 Pulse button
- 2 Power level indicators
- 3 Power button
- 4 Bulb
- 5 Power socket

INTRODUCTION

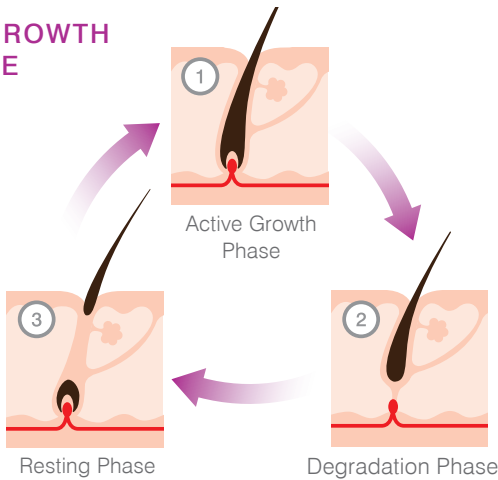
The Rio Lux IPL Hair Remover is designed to effortlessly eliminate unwanted hair without the need for expensive or painful in-salon treatments. This scientifically-proven, safe and effective hair removal method has been subject to over 15 years of clinical testing. Results are usually first visible after four sessions and you will normally notice a very significant decrease in the amount of hair after around 8-10 sessions. Results are dependent on the individual's hair type and growth cycle, so some people can achieve noticeable results after a few sessions, while it can take more time for others.

IPL HAIR REMOVAL EXPLAINED

When the device is placed against the skin, gentle pulses of intense light are directed at the hair follicle to disable the hair root without affecting the surrounding area. The hair follicle is disabled as a result of lasting damage to the hair root. The light energy is absorbed by the melanin pigment in the hair to cause the rapid heating up of the hair follicle, and the heat destroys the cells responsible for hair growth.



THE HAIR GROWTH CYCLE



IPL treatment is most effective when the hair is in the active growth phase. At any one time there is only a percentage of hairs in the active growth phase (the actual percentage varies from one body area to another). To catch all hairs in the active growth phase it is best to plan several treatments over a number of months.

A typical treatment plan would be:

- TREATMENTS 1-4: EVERY 2 WEEKS
- TREATMENTS 5-8: EVERY 4 WEEKS
- TREATMENTS 8+: EVERY 4-6 WEEKS OR AS REQUIRED

SUITABLE SKIN TYPES

Your IPL hair remover is suitable for fair-coloured skin through to olive/tanned and dark skin types. For treatment to be effective the hair needs to be darker than the surrounding skin. Best results are on pale skin with dark hair. You may find that different power levels are required on different areas. Each area should be tested for the appropriate maximum power level. Use the 'skin chart' opposite to accurately identify your skin tone/type.

SKIN CHART

| Skin Type | Skin Colour              | Skin Tone | Tanning History              | Maximum Power Level   |
|-----------|--------------------------|-----------|------------------------------|---|
| I         | Very fair, 'transparent' |           | Always burns, never tans     | Subject to patch test, all 5 power levels can be used         |
| II        | Fair                     |           | Always burns!                |   |
| III       | Fair to light olive      |           | Burns mildly                 | Subject to patch test, power levels 1, 2, 3 and 4 can be used |
| IV        | Olive/Tanned             |           | Rarely burns, tans with ease |   |
| V         | Dark brown               |           | Very rarely burns            | Subject to patch test, power levels 1, 2 and 3 can be used    |
| VI        | Black                    |           | Never burns                  | NOT suitable for IPL treatment                                |

PATCH TEST

24 hours before treatment check for any reaction by testing a small area. The patch test will confirm the maximum power level for your skin type. Treat an area on each power level (e.g. arm, leg) up to the maximum power level for your skin type (see Skin Chart). Use the power button to increase the power level by a single step each time and work your way along the area with the unit on a different part of the skin each time. If you feel any discomfort the previous power level is the maximum power level you should use. A slight redness may occur, but not always, within an hour of treatment. However, if any redness remains after 24 hours this would indicate the power level selected was too high for your skin type.

**IMPORTANT:** Because skin colour varies on different areas of the body, you may find that you need different power level settings for different areas. Each area should be tested for the appropriate maximum power level.

BEFORE YOU START

- Please ensure you read and understand the ‘Warnings’ section before proceeding.
- Do not use any hair removal method that plucks the hair from the follicle, as this renders IPL ineffective.
  - Remove all jewellery in the vicinity of the treatment area.
  - Ensure you have patch tested the area to be treated 24 hours prior to treatment and are aware of your maximum power level.

INSTRUCTIONS FOR USE

- STEP 1**  
Before use, ensure skin is shaved, clean and dry.
- STEP 2**  
Align protruding sides of the plug insert with the gaps on the adapter.
- STEP 3**  
Press plug insert down in to the gaps on the adapter and then slide upwards in the same motion.
- STEP 4**  
Plug the adapter cable into the unit, then plug into the mains power supply.
- STEP 5**  
Press the power button to switch the unit on. The yellow power level indicator will light up followed by the ‘ON/OFF/READY’ green indicator light.



## INSTRUCTIONS FOR USE

### STEP 6

Press the power button to select the power level that suits your skin type. When a level is selected, the indicator light will show as yellow on that level.

### STEP 7

To use, press the bulb area firmly against your skin. When the surface is in full contact with the skin, the 'ON/OFF/READY' green indicator light will start to flash.

### STEP 8

Press the pulse button to release a pulse of light. You will feel a slight warm and tingling sensation on your skin.

- The **Precision mode** is designed to treat sensitive, delicate areas of the body (i.e. face, underarms and bikini line).
- The **Glide mode** is suitable for larger areas (i.e. legs, back, arms or torso). Place on the skin and press and hold the pulse button. Between each pulse glide the unit over the skin without lifting to the next treatment area. To deactivate this mode, release the pulse button.

### STEP 9

Remove the unit from the skin and avoiding gaps, place the unit back on the skin for the next pulse. The pressure marks left on your skin will indicate where you have treated. Never treat the same patch of skin more than once during each treatment session.

### STEP 10

At the end of your session, switch off by pressing the power button for 2 seconds. Unplug the adapter from the mains. **Please note:** There are two different modes available, depending on the area you want to treat.

Approximate usage times are as follows:  
Half-leg: 8-10 minutes in Glide mode  
Full leg: 15 minutes in Glide mode  
Bikini line: 2 minutes in Precision mode  
Underarm: 1 minute in Precision mode

## INSTRUCTIONS FOR USE

### AUTOMATIC SHUT-OFF FEATURE

If the unit is left for more than 10 minutes, it will automatically switch itself off and the 'ON/OFF/READY' indicator light will turn yellow. To use again, press the power button to reset the required power level.

## INSTRUCTIONS FOR USE

### FOR FACIAL USE

Always use the Precision mode to remove facial hair; never use the Glide mode. To treat the face, always wait five seconds between flashes and never use for more than 10 minutes per session.

The Rio Lux IPL Hair Remover can be safely used on the face within the area illustrated by the white dotted line.

Precautions:

- Do not look directly at the area being treated during the flash.
- Do not use on eyelashes, head hair or eyebrows.
- Do not use around the eyes or on the lips.

### SKIN AFTERCARE

After your epilation session:

- Avoid sun exposure on the area that has been treated.
- Protect your skin with a sunscreen throughout the treatment, and for at least two weeks after the last session.
- Do not use scented creams, lotions, perfume or deodorant on the treated areas after use.



## QUESTIONS AND ANSWERS

### What does it feel like?

Most people experience a warming of the skin. Slight irritation (similar to that of a minor sunburn) may be felt if used on too high a power level, or if the area has not been shaved. Men undergoing the procedure experience greater discomfort – as male body hair is generally thicker than women's – however the sensation quickly disappears.

### Can I use IPL hair removal on sensitive skin?

Yes, the IPL reacts with the hair, so the surrounding skin should not be affected.

### How will my skin appear after the treatment?

Usually there will be no perceptible change. A slight redness after treatment may occur, but will normally fade over 24 hours. There may be some localised redness around the hair follicle – this is quite normal. However, if any redness or inflammation remains after 24 hours this would indicate you have selected too high a power level for your skin type. Please refer to the "Patch Test" section.

### After IPL hair removal is there anything to avoid?

Sun exposure or deep tanning should be avoided for at least 48 hours.

If the skin is exposed use a sunscreen. Also avoid using abrasive cleansers or skin peeling treatments. Avoid swimming in chlorinated water or using a hot tub for 48 hours. The chlorine in the water can result in itchiness.

### How often should I repeat IPL hair removal treatment?

The timing for follow-on treatments is not critical. We initially recommend treatments at 2-week intervals, although some people like to treat the area every week and others just once a month depending on personal preference and on where the treatment area is. As long as the hair follicle or surrounding skin is not red, sore or inflamed, treatment can be repeated after a minimum of 48 hours. Avoid excessive treatment on the same region at one time. This may cause reddening and swelling. To maintain hair-free skin and to ensure disabled hair follicles remain dormant, repeat the treatment every 4 to 6 weeks or as required.

### Is there any aftercare routine I should follow?

If you wish, you can apply an unperfumed soothing lotion, an ice pack or wet towel to cool the treated areas, though we recommend not using soap on the treated areas for 24 hours. When treating the underarms, avoid using antiperspirant deodorant for 2-3 days. Avoid unnecessary sun exposure for 48 hours.

### How many treatments will I need?

This varies from person to person and depends on the area you are treating, hair density, your hair's growth cycle and colour. Dark hair on fair skin responds best, but both dark and fair hair may take several treatments for long-term results. Initially with each treatment you will notice a gradual thinning/reduction of hair growth in the treated area. To maintain hair-free skin and to ensure disabled hair follicles remain dormant, repeat the treatment every 4 to 6 weeks or as required.

### Can I use other hair removal methods between treatments?

Because IPL treatment needs a hair to be present in the follicle, hair removal methods which pluck the hair, such as waxing, epilators and tweezing are NOT suitable for use between treatments. Bleaching hairs is also NOT suitable as it removes the pigment and renders IPL treatment ineffective. Shaving, micro-dermabrasion discs and cream depilatories are ideal for use between treatments.

### Why does hair grow back in the area I recently treated?

It is quite common for hair to appear to continue to grow for one to two weeks after a treatment session. After two weeks, you will notice that this hair falls out or comes away from its follicle, but you should always let it fall out naturally and never pull it away. Some hair will not be affected – either because of poor application technique, or because the hair was in its dormant phase. But this hair can be treated in the following sessions.

### Is long-term use harmful to my skin?

Over the last 15 years, the use of pulsed light for hair removal has been well documented in professional journals, and there have been no reported side effects or injuries connected with long-term use of this type of treatment.


## IMPORTANT

- IPL should not cause significant discomfort. You may feel a slight warming of the area. If you feel discomfort or soreness the setting may be too high.
- Do not cover ventilation slots on the rear of unit during use.
- Do not place on a soft surface which might block the cooling vents on the underside of the console.
- Do not use after drinking alcohol, if you are feeling unwell or fatigued.
- Do not use near to shortwave or microwave equipment.
- The equipment may be affected by electromagnetic interference. If such effects are suspected please turn off and turn back on to reset.
- Do not override any safety features.
- Do not use this product for any other purpose other than described in the instructions.
- This product is for home-use. It is not intended for use in a commercial environment.

## MAINTENANCE

- Only use this product with the mains adapter supplied.
- After each use, always unplug the mains adapter and store out of reach of children.
- If there is any damage to the unit or mains adapter, stop using immediately.
- If the mains adapter is damaged, it must be replaced by the manufacturer or its service agent or similarly qualified person in order to avoid a hazard.
- There are no user serviceable parts inside the unit. Do not disassemble or repair. If you have any problems with the product, contact our Customer Care Department.
- To clean, wipe with a slightly damp cloth.
- A build up of deposits on the bulb aperture will affect its efficiency. If you notice any deposits, switch OFF and remove charging lead. Clean with a lint free cloth or cotton bud, ensuring no fibres are left on the aperture.

## DISPOSAL

 The Waste of Electrical and Electronic Equipment (WEEE) Directive (2012/19/EU) has been put in place to recycle products using best available recovery and recycling techniques to minimise the impact on the environment, treat any hazardous substances and avoid the increasing landfill. The product is classed as Electrical or Electronic equipment so please ensure at the end of the life of this product and its treatment cartridge they are disposed of in the correct manner in accordance with local authority requirements. They must NOT be disposed of with household waste.

## CUSTOMER CARE

If you have any questions, please contact us at: [online@riobeauty.com](mailto:online@riobeauty.com)

To register your two year guarantee online visit: [www.riobeauty.com/warranty\\_online.htm](http://www.riobeauty.com/warranty_online.htm)

**To reorder additional accessories, please visit [www.riobeauty.com](http://www.riobeauty.com) or contact your local distributor.**

## SPECIFICATION

|                           |               |                           |
|---------------------------|---------------|---------------------------|
| <b>UNIT:</b>              |               | <b>POWER ADAPTER:</b>     |
| <b>Light Source:</b>      | Quartz bulb   | <b>Input:</b> AC100-      |
| <b>Treatment Area:</b>    | 30 x 10mm     | 240V ~ 50/60Hz            |
| <b>Output Wavelength:</b> | >550nm        | <b>Output:</b> 12V = 3A ⚡ |
| <b>Input:</b>             | 12V = 3A, 36W |                           |

## ENVIRONMENT

|                     |                          |
|---------------------|--------------------------|
| <b>TEMPERATURE:</b> |                          |
| <b>Operating:</b>   | 0 to 35 degrees Celsius  |
| <b>Storage:</b>     | -5 to 40 degrees Celsius |
| <b>HUMIDITY:</b>    |                          |
| <b>Operating:</b>   | 10% to 60% RH            |
| <b>Storage:</b>     | 5% to 90% RH             |



[www.riobeauty.com](http://www.riobeauty.com)

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# LUX IPL HAIR REMOVER

user guide



 the beauty specialists

## WARNINGS

• **Read all instructions thoroughly and retain for future reference.**

• This appliance can be used by children aged 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning the use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and maintenance shall not be made by children without supervision.

• Never aim the unit at or near eyes.

• Reflection Hazard: Please remove all jewellery in the vicinity of the treatment area before use.

• Do NOT use near flammable materials.

• Do NOT use this appliance in wet surroundings (near a bath or shower).

• Do NOT use if water enters the unit.

• Do NOT immerse in water.