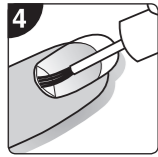


REMOVING NAILS



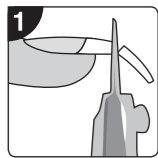
Shape with the file and wash hands and nails thoroughly to remove all traces of gel dust which can irritate the skin.



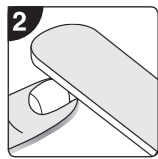
Condition the skin and nails with cuticle oil and moisturiser.

REMOVAL WITH ACETONE

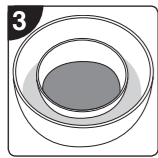
The cured gel polymer is highly cross-linked which makes it very strong. It is exactly this cross-linking that makes the gel resistant to most solvents. However, acetone can be used to soften the gel allowing it to be scrapped off in layers. This involves submerging the fingertips in acetone for some time. We do not recommend doing this regularly.



Cut all the extension tips down as far as possible and remove any nail polish.



Slowly and carefully file the gel layer with a medium-grit file, leaving a very thin layer of product. Take great care NOT to file all the way to the natural nail plate.



Fill a medium bowl half way with hot water. Place a smaller NON-plastic dish into the hot water filled dish. Pour extension tip remover or nail varnish remover (containing at least 90% acetone) into the inner bowl.



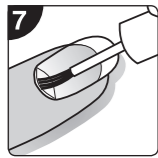
Soak the nails for at least 15 minutes before checking whether the gel is softening. Make sure the nails are fully submerged in the solution. You can cover your hand with a towel to help maintain the heat and reduce the vapours.



Once softened, keep the nails submerged in the acetone while GENTLY scraping the gel from the nail plate using a wooden cuticle stick.



Each time you lift your nails from the acetone bath the gel will harden again, so try to keep your nails submerged during the whole process. Wash hands and nails thoroughly to remove all traces of acetone.



Condition the skin and nails with cuticle oil and moisturiser.

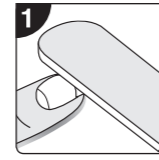
BE CAREFUL!

Solvents must be used with care:

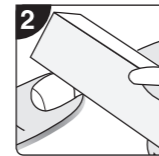
- Do NOT use a stove, open flame, hair dryer, microwave or any other similar devices to warm.
- Take care to avoid any open flames, sparks, or other sources of ignition, (i.e., cigarettes and cigarette lighters.)
- Do not breathe vapours.

INFILLING

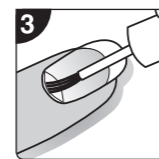
As the natural nail grows it is necessary for you to in-fill as a gap will appear between the cuticle and the seam. The gel may also begin to lift. This is usually required about two weeks after your first application and every 2-3 weeks thereafter.



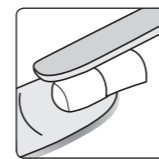
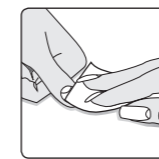
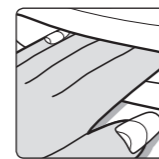
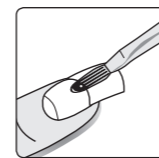
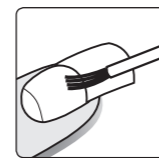
File around the seams of UV gel using the grit file, paying attention to remove all loose or lifted areas of gel.



Buff over the whole area using the white sanding block.



Follow the section APPLYING UV GEL, only using two layers, and then the sections for UV NAIL CURING and FINISHING.



SPECIFICATION

Input: 230V~50Hz 15W



Indoor use only



Conforms with relevant European Directives



Class 2 Insulation



Read instructions before operating this product

DISPOSAL



The Waste of Electrical and Electronic Equipment (WEEE) Directive (2012/19/EU) has been put in place to recycle products using best available recovery and recycling techniques to minimise the impact on the environment, treat any hazardous substances and avoid the increasing landfill. The product is classed as Electrical or Electronic equipment so please ensure at the end of the life of this product and its treatment cartridge they are disposed of in the correct manner in accordance with local authority requirements. They must NOT be disposed of with household waste.

AFTERCARE ADVICE & TOP TIPS

- To maintain your gel nail extensions, file the gel seams and around the free-edge regularly between in fills. Apply a little cuticle oil to the nails nightly, rubbing into the cuticle. Apply hand moisturiser at least once a day.
- Do NOT use a polish remover that contains acetone - this will melt your nail tips and dull the gel surface.
- Do NOT use detergents, such as washing powders or washing-up liquid, or bleach without wearing rubber gloves, these will damage your extensions.
- Do NOT allow water to become trapped under the nail and always dry your nails thoroughly after washing. Trapped water can lead to water mould, which requires medical treatment.
- If the gel area lifts, file the lifted area and follow the infill procedure. Do NOT pick off.
- If you find the surface of your gel has 'craters', apply another layer of gel and cure. 'Craters' are often a symptom of under curing.
- Use a clear base coat under dark or strongly coloured nail polish to avoid staining your nails.
- UV rays are invisible, these are not the lilac light you can see, so even if your lamp appears dim this will not affect the performance. UV bulbs take about a minute to reach to full strength so turn on at least one minute before use.
- Remember the most common cause of gel nails lifting is poor nail preparation. Try to meticulously remove all residual cuticle cells from the nail plate before proceeding to the next stage and do NOT touch the nail plate after the preparation stage to prevent contamination with skin oils. If you accidentally touch the plate, wipe over again with finishing wipe to remove any oils you may have transferred.
- If your nails have very pronounced 'c' curves you may find it difficult to cure the sides of your nails. Try rolling your fingers from side to side when under the lamp to expose all surfaces of your nail to the UV light and cure for 4 minutes.
- The top surface of gel ALWAYS appears tacky after curing, this is completely normal and should NOT be removed between layers.
- Remember, once the finishing wipe has touched a nail you CANNOT apply more gel without first buffing to take shine off of the surface. Gel will not stick to glossy hard gel, only tacky gel or non-shiny gel!

PRODUCT WARNINGS

FINISHING WIPE: CAUTION: HIGHLY FLAMMABLE. KEEP AWAY FROM NAKED FLAME, POLISHED SURFACES AND SYNTHETIC MATERIALS. NOT TO BE TAKEN INTERNALLY. IRRITANT TO EYES. KEEP OUT OF REACH OF CHILDREN.

UV GEL: CAUTION: MAY IRRITATE EYES AND SKIN. IN CASE OF CONTACT WASH WITH WATER. BE CAREFUL NOT TO EXPOSE YOUR UV GEL TUB TO HEAT OR UV LIGHT WHILST YOU ARE APPLYING THE GEL TO YOUR NAILS. FOR EXTERNAL USE ONLY.

GLUE: CAUTION: FOR EXTERNAL USE ONLY. DO NOT BREATHE VAPOURS. KEEP OUT OF REACH OF CHILDREN. BONDS SKIN AND EYES IN SECONDS. IF FINGERS OR OTHER SKIN SURFACES BECOME STUCK TOGETHER, USE A GENTLE ROLLING MOTION TO TRY TO SEPARATE THEM. IF THIS DOES NOT WORK, TRY USING A LITTLE ACETONE SOLUTION ON THE AREA. IN CASE OF CONTACT WITH EYES, FLUSH WITH WATER. SEEK MEDICAL ATTENTION SHOULD IRRITATION PERSIST. AVOID CONTACT WITH FABRICS OR CLOTHES. IN SOME CASES, THIS MAY CAUSE BURNING. NAIL GLUE DETERIORATES OVER TIME AND NEEDS REPLACING REGULARLY. TO MAXIMISE THE GLUE LIFE: ALWAYS SEAL BOTTLE WELL WHEN NOT IN USE. DO NOT KEEP GLUE LONGER THAN 6 MONTHS OTHERWISE PERFORMANCE MAY DETERIORATE.

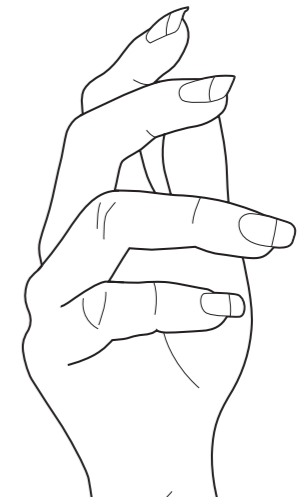
CUSTOMER CARE

If you have any questions, please contact us at:
online@riobeauty.com

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PO Box 17, Cheltenham Spa, England GL53 7ET

www.riobeauty.com

UV NAILS



PRECAUTIONS

- Read all instructions thoroughly and retain for future reference.
- Do NOT use the UV lamp for any other purpose other than those specified in these instructions.
- Keep out of reach of children. Children and non users should not be present during lamp operation.
- Your UV lamp emits UV light, do NOT stare directly at the light source.
- Exposure to UV light should be limited to a maximum of 6 treatments to each hand in any one day (each treatment lasting 3 minutes).
- As with the sun or all UV appliances, over exposure to ultra violet (UV) radiation can cause skin or eye damage (including sunburn) that may be irreversible. Excessive and repeated exposure to ultra violet light may lead to premature aging of the skin as well as increased risk of development of skin tumours. Always seek medical advice if persistent lumps or sores appear on the skin, or if there are changes in pigmented moles. Exposure to UV light when young increases the risk of skin damage later in life.
- Do not operate the unit without the bulb fitted or if it is broken – the unit may become damaged as a result.

UV appliances are not to be used by persons:

- With open cuts on or around the cuticles or fungal nail infections.
- Under the age of 18 years.
- With sunburn or skin that burns easily when exposed to the sun.
- Suffering from or previously suffering from skin cancer or predisposed to skin cancer.
- Having an immediate family member with a history of melanoma.
- Having a disease that involves photosensitivity or receiving photosensitising medication (increasing sensitivity to ultraviolet radiation). If in doubt, take medical advice.
- Not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning the use of the appliance by a person responsible for their safety.
- If itching, an allergic reaction or skin reddening occurs within 48 hours of treatment, further exposure should cease until medical advice is sought.
- Who tend to freckle.
- With a natural red hair colour.
- Having abnormal discoloured patches on the skin.
- Having more than 16 moles (2 mm or more in diameter) on the body.
- Suffering from sunburn.
- Not able to tan at all or not able to tan without burning when exposed to the sun.
- That burn easily when exposed to the sun.
- Having a history of frequent severe sunburn during childhood.
- Under a doctors care for diseases that involve photosensitivity.
- Receiving photosensitising medications.

CARE & MAINTENANCE

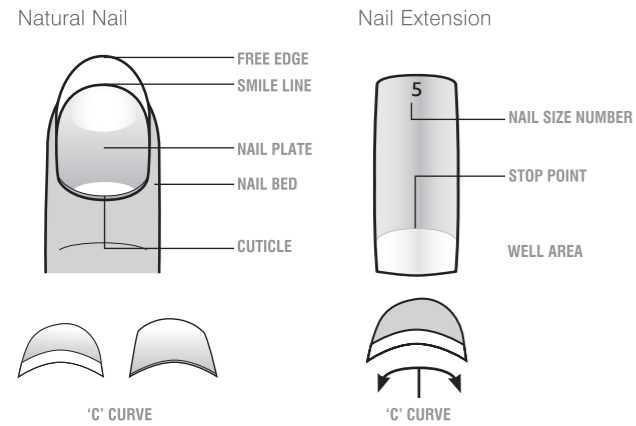
- Do NOT leave your UV lamp unattended when switched on.
- Do NOT disassemble or repair. There are no user serviceable parts inside the unit.
- Do NOT expose this unit to water.
- Hands MUST be dry when operating the UV lamp.
- ALWAYS unplug the unit before cleaning with a damp cloth. Do NOT use solvents or detergents.
- ONLY use your UV lamp to cure your nails. Switch off when not curing.
- If you think the unit is not working correctly or is faulty, discontinue use immediately and call our customer care line.
- If the supply cord to your lamp is damaged the unit must not be used until the cord is replaced by Rio or its service agent or a similarly qualified person in order to avoid a hazard.

BEFORE YOU START

Your treatment area should be a flat surface covered with a towel or disposable covering. Any spilled gel or glue will be difficult to remove from clothes, furniture and carpets. Do NOT operate the UV lamp over a surface that is not protected by a towel or similar covering.

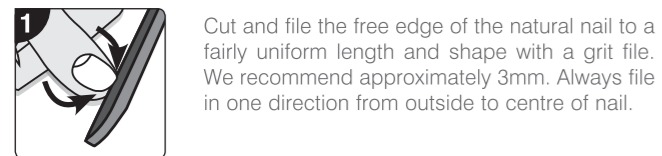
Keep gel away from the UV lamp, and out of sunshine, at all times.

NAIL EXTENSIONS

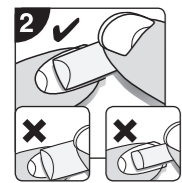


Choose a tip with the best fit to the natural nail shape. Note, the 'C' curve of the tip must be as near a perfect fit as possible to your natural 'C' curve.

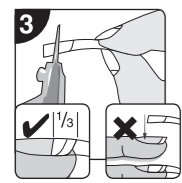
The same principles and instructions apply to the preparation and treatment of your toenails.



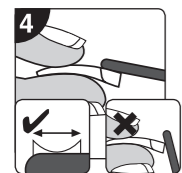
1 Cut and file the free edge of the natural nail to a fairly uniform length and shape with a grit file. We recommend approximately 3mm. Always file in one direction from outside to centre of nail.



2 Select a tip for each nail that fits neatly against the free edge of your existing natural nail tip end. If necessary, choose a larger tip rather than a smaller one and file down the sides to fit.



3 Clip the base of each tip using the clippers so the stop point covers a maximum of one third of your natural nail.

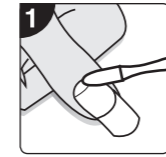


4 Pre blend the edge with a grit file, so that the well area is thin and tapers to the end. File horizontal to the nail extension.

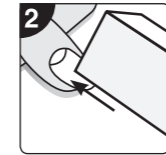
Repeat procedure for all nails.

PREPARING THE NAILS

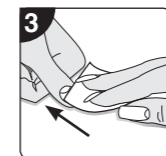
This is the most important part of applying nail extensions, if the nails are not correctly prepared the nail extensions will start to lift. Follow each of these steps carefully and thoroughly. You may find it easier to have a friend help you the first time and we suggest you work on one hand at a time.



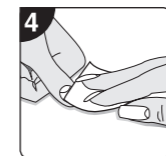
1 Remove jewellery. Wash hands with a mild soap and dry thoroughly. Gently push back the cuticles with the hoof stick and remove ALL residual skin cells from the nail plate surface. Skin cells contain oils and moisture which will prevent proper adhesion, this is the most common cause of gel nails lifting.



2 Lightly buff over the nail surface with the white sanding block to remove surface shine. Pay particular attention to the cuticle and sides of the nail to remove any residual skin cells.



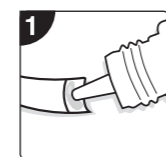
3 Brush away dust using a tissue or small brush, take care to remove all dust particles.



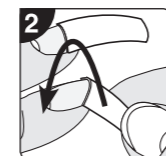
4 Now wipe over surface using finishing wipe to remove all oils and dehydrate the nail plate.

Do NOT touch the nail surface after this stage as your fingers will transfer natural oils from the skin onto the nail.

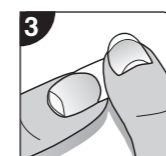
APPLYING EXTENSION TIPS



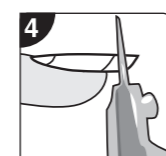
1 Apply a thin line of nail glue onto the well of the tip. Tap the tip sharply on a tissue to remove any excess glue. **IMPORTANT:** Do not cut the tip off the glue bottle. If you experience problems getting the glue out of the bottle, pierce the tip with a pin.



2 Hold the tip at an angle to the nail plate, then bring the tip up to the free edge. Tilt and slide the nail tip onto the nail plate so that the natural free edge sits snugly against the stop point of the tip.



3 Press and hold the tip in position for about 5 seconds or until an airtight bond occurs. Ensure the bonded area beneath the nail extension is sealed and contains no gaps. This will prevent the trapping of water and dirt.

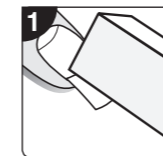


4 Apply all five tips in this manner then cut and file to the required length. The nails are only attached by glue at this point, so file carefully.

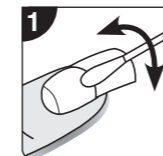
If you are not used to having long nails, cut the tips to a sensible length, as knocking and banging the nails will weaken them.

BLENDING IN THE SEAM

The seams only need to be blended when natural/clear tips are used.

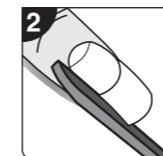


If your tips have been pre-blended correctly you can conceal the seam by buffing over lightly with the white sanding block until the seam is barely visible.



OR

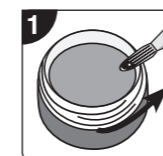
Dip a cotton bud into acetone solution and, using several fast sweeping strokes, rub vigorously until the seam begins to blend. Try to avoid rubbing on the natural nail plate.



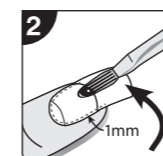
Do NOT use too much acetone or the nail tip bond will be weakened.

Neaten the sides of the nail extension using the buffing files, so they are straight and remove any 'wings' but do not over file. Repeat for each nail.

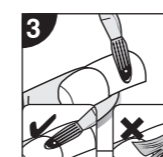
APPLYING UV GEL



1 Using gel brush, scoop a small amount of gel from tub, keeping one side of the brush clean by wiping it on the edge of the tub.



2 Apply a thin coat of the gel in the same manner as you would nail polish. Start 1mm from the cuticle and work towards the free edge. Avoid getting gel on skin or cuticles. If this happens, remove immediately using a cotton bud dipped in finishing wipe.



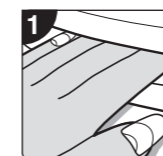
3 Finish off by brushing across the free edge of the extension tip. Do NOT apply too much pressure, as the brush will fan, leaving brush marks. Repeat this process for all the nails. You are now ready for UV curing.

Note: We recommend applying gel and curing the thumbnails separately.

UV NAIL CURING

It is a good idea to familiarise yourself with the position of the UV bulb so you can place your nails directly under the bulb. ALWAYS keep your UV gel pot away from the UV light.

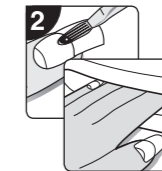
Note: You will need to cure the thumbnails separately.



1 Turn on your UV lamp - wait for 1 minute to allow the UV to reach maximum strength.

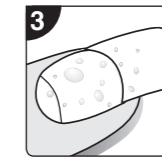
Place your nails under the UV bulb to cure the gel for 3 minutes.

UV NAIL CURING



2 Repeat the application of UV gel and curing two more times.

The top layer of gel ALWAYS appears tacky after curing, this is completely normal and should NOT be removed between layers.



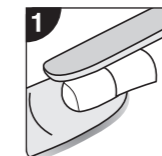
3 Once you have applied and cured 3 layers of UV gel check each nail for 'craters' (small indentations or ridges in the UV gel). If 'craters' appear, apply another thin layer of UV gel and cure the nails again.



4 Use the finishing wipe on a tissue to gently remove the tacky top layer revealing the hardened gel underneath. Always wipe away from cuticle and use a fresh wipe for each nail to avoid getting the tacky gel onto the skin of the next nail.

Important: Exposure to UV light should be limited to a maximum of 6 treatments to each hand in any one day (Each treatment lasting 3 minutes).

FINISHING



1 Once the nails are cured, file the seams of the applied UV gel using the grit file. This helps avoid the hardened UV gel lifting at the back of the nail. File around the sides of the nails.

Don't forget to clean your brush and replace the lids on the bottles & pots. To clean your gel brush, dip into some finishing wipe and wipe on some tissue.

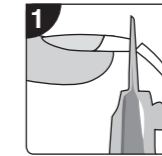
REMOVING NAILS

UV nails are very strong and are designed to remain on the nail for up to three months as the natural nail grows underneath. If a proper routine of filing and infilling is maintained there is no reason to remove the nails as they will simply grow out with the nail, ultimately being trimmed off as you shape the nail tip.

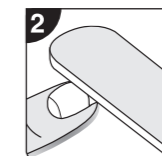
If however you need to remove or replace the nail tips there are two approved methods:

REMOVAL BY FILING

This is the preferred method for professional removal. You simply file the cured gel away until only a very thin layer is left on the nail, this is allowed to grow out naturally.



1 Start by shortening the nails to the desired length.



2 Slowly and carefully file the gel layer with a medium-grit file, leaving a very thin layer of product. Take great care NOT to file into the natural nail plate.