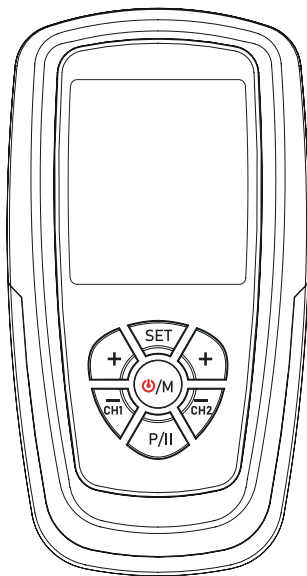


INSTRUCTION MANUAL
FOR
Combo Electrotherapy Device
Model: R-C1-SA3



Shenzhen Roundwhale Technology Co., Ltd.
This manual is valid for the R-C1-SA3 Stimulator

Be sure to read this instruction manual before operate and
keep it where safe.

This user manual is published by Shenzhen Roundwhale
Technology Co., LTD.

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Declaration of conformity:

Shenzhen Roundwhale Technology Co., Ltd. declares that the device complies with following normative documents:

IEC60601-1, IEC60601-1-2, IEC60601-1-11, IEC60601-2-10, IEC62304,

ISO10993-5, ISO10993-10, ISO10993-1, ISO10993-23, ISO 14971

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1. FOREWORD

1.1 Introduction

The device R-C1-SA3 is a dual channel output TENS (Transcutaneous Electrical Nerve Stimulation), EMS (Electronic Muscle Stimulation), IF (Interferential) , Russian and Micro-current (MIC) stimulator. Before using, please read all the instructions in this user manual carefully and keep it safe for future use.

1.2 Medical background

1.2.1 ABOUT PAIN

Pain is an important signal in the human body warning system. It reminds us that something is wrong, without which, abnormal conditions may go undetected, causing damage or injury to vital parts of our bodies. Even though pain is a necessary warning signal of trauma or malfunction in the body, nature may have gone too far in its design.

Aside from its function in diagnosis, long-lasting persistent pain serves useless purpose.

Pain does not occur until encoded message travels to the brain where it is decoded, analyzed, and reacted to, from the injured area along the small nerves leading to the spinal cord. There the message is transmitted to different nerves that travel up the spinal cord to the brain. Then the pain message is interpreted, referred to and pain is felt.

1.2.2 WHAT IS TENS ?

TENS (Transcutaneous Electrical Nerve Stimulation) is effective in relief of pain. It is daily used and clinically proven by physiotherapists, caregivers and top athletes around the world. High-frequency TENS currents activates the pain-in-

hibiting mechanisms of the nervous system. Electrical impulses from electrodes, placed on the skin over or near the pain area, stimulate the nerves to block the pain signals to the brain, causing the pain go unperceived. Low-frequency TENS currents facilitate the release of endorphins, the body's natural painkillers.

1.2.3 WHAT IS EMS ?

Electrical Muscle Stimulation is an internationally accepted and proven way of treating muscular injuries. It works by sending electronic pulses to the muscle needing treatment That causes the muscle to exercise passively. It is a product deriving from the square waveform, originally invented by John Faraday in 1831. Through the square wave pattern it is able to work directly on muscle motor neurons. The EMS System has low frequency and this in conjunction with the square wave pattern allows direct work on muscle groupings.

1.2.4 WHAT IS IF ?

Interferential Stimulation (IF) is an anti-inflammatory based treatment modality. Interferential stimulation is characterized by two alternating-current sine waves or square waves of differing frequencies that “work” together to produce an interferential current that is also known as a beat pulse or alternating modulation frequency. One of the two currents is usually held at 5,000Hz (or 10,000Hz), and the other can be held constant or varied over range of 5,001 to 5150Hz (or 10,001 to 10150Hz).

Because of the frequency, the interferential wave meets low impedance when crossing the skin to enter deep into soft tissues. The interferential currents reportedly can stimulate

sensory, motor, and pain fibers. These large impulse fibers interfere with the transmission of pain messages at the spinal cord level. This deep tissue penetration stimulates parasympathetic nerve fibers for increased blood flow and edema reduction. It utilizes the low electric-current to stimulate muscle nerves to achieve the symptomatic relief of chronic intractable pain, post-traumatic pain, and postsurgical pain.

1.2.5 WHAT IS RUSS ?

Russian stimulation uses medium frequencies to provide electrical stimulation to muscle groups and is used to reduce muscle spasms as well as for muscle strengthening. Russian stimulation is a specific form of electro-stimulation with a Symmetrical Biphasic Square waveform produced by dividing a 2,500Hz carrier frequency into 20 - 80Hz packets. This method was claimed by its author (Kots) to produce maximal muscle strengthening effects without significant.

1.2.6 WHAT IS MICROCURRENT (MIC)?

Microcurrent stimulation is a type of therapy in which very low current is sent into the cells of the body. Microcurrent is a very faint current that is so small it is measured in millionths of an amp (Microamps). Human cells generate a current that is in the microamp range which is why you can't feel it the current is so low it doesn't stimulate the sensory nerves. Microcurrent is a physiological electric modality that increases ATP (energy) production in the cells of your body. This dramatically increases the tissue's healing rate. The immediate response to the correct microcurrent frequency suggests that other mechanisms are involved as well. The exact effects or changes in the tissue

are unmis-takable; scars will often suddenly soften; trigger points often become less painful within minutes when the “correct” frequency is applied. In many situations the changes seen seem to be long lasting and in many cases permanent.

2. SAFETY INFORMATION

2.1 Intended use

Intended purpose

The device is designed to be used for temporary relief of pain, including the acute and chronic pain relief.

The device is designed to be used for stimulate muscles for prevention of muscular atrophy, muscle strengthening and improve, Increasing local blood circulation and facilitate muscle performance.

Target population

The device using the object (patient) must be 18 years or older of adults.

Intended user

Medical staff or lay persons.

Intended condition

Intended for use in the home, hospital and health care facilities.

Indications

1)It is used for temporary relief of pain associated with sore and aching muscles in the neck, shoulder, back, joint, hip, hand, abdomen, upper extremities (arm) and lower extremities (leg) due to strain from exercise or normal household work activities.

2)Relaxation of muscle spasms.

3)Prevention or retardation of disuse atrophy.

- 4) Increasing local blood circulation.
- 5) Muscle re-education.
- 6) Immediate post-surgical stimulation of calf muscles to prevent venous thrombosis.
- 7) Maintaining or increasing range of motion.

2.2 Important Safety Precautions and Warnings



It is important that you read all the warnings and precautions included in this manual because they are intended to keep you safe, prevent risk of injury and avoid a situation that could result in damage to the device.

SAFETY SYMBOLS USED IN THIS MANUAL

2.2.1 Contraindication

- 1) Do not use this device if you have a cardiac pacemaker, implanted defibrillator, or other implanted metallic or electronic device.  Such use could cause electric shock, burns, electrical interference, or death.
- 2) The device should not be used when cancerous lesions or other lesions are present in the treatment area.
- 3) Stimulation should not be applied over open wounds or rashes, or over swollen, red, infected, or inflamed areas or skin eruptions (e.g. phlebitis, thrombophlebitis, varicose veins, arteriosclerosis obliterans etc.).
- 4) Electrode placements must be avoided that apply current to the carotid sinus region (anterior neck) or transcranially (through the head).  
- 5) Apprehensive patients-usage of Electrical stimulation

requires patient cooperation, hence the procedure shouldn't be attempted in patients with a communication handicap or a mental disability.

- 6) Patients with cerebrovascular problems-patients with a history of aneurysm, stroke and transient ischaemia shouldn't be treated using electrical stimulation, as it stimulates peripheral blood flow which can be fatal in such cases.
- 7) Epileptic patients-Electrical stimulation "pulses" have the potential to trigger a seizure.
- 8) Acute pain cases/pain of unknown etiology-usage of TENS in undiagnosed cases may hinder in the diagnosis.
- 9) Do not use in pregnancy, especially in the first trimester.

2.2.2 WARNING

- 1) If you have had medical or physical treatment for your pain, consult with your physician before use.
- 2) If your pain is not subdued, becomes more than mild, or lasts for more than five days, stop using the device and consult with your physician.
- 3) Do not apply stimulation over your neck because this could cause severe muscle spasms resulting in closure of your airway, difficulty in breathing, or adverse effects on heart rhythm or blood pressure.
- 4) Do not apply stimulation across your chest because the introduction of electrical current into the chest may cause rhythm disturbances to your heart, which could be lethal.
- 5) Do not apply stimulation over, or in proximity to, cancerous lesions.
- 6) Do not apply stimulation in the presence of electronic monitoring equipment (e.g., cardiac monitors, ECG alarms), which may not operate properly when electrical stimulation device is in use.

- 7) Do not apply stimulation when in bath or shower.
- 8) Do not apply stimulation while sleeping.
- 9) Do not apply stimulation while driving, operating machinery, or during any activity when electrical stimulation can put you at risk of injury.
- 10) Apply stimulation only to normal, intact, clean, healthy skin.
- 11) The long-term effects of electrical stimulation are unknown. Electrical stimulation device cannot replace drugs.
- 12) Stimulation should not take place while the user is connected to high-frequency surgical equipment, which may cause burn injuries on the skin under the electrodes, as well as problems with the stimulator.
- 13) Do not use the stimulator in the vicinity of shortwave or microwave therapy equipment, since this may affect the output power of the stimulator.
- 14) Never use it near the cardiac area. Stimulation electrodes should never be placed anywhere on the front of the thorax (marked by ribs and breastbone), but above all not on the two large pectoral muscles. There it can increase the risk of ventricular fibrillation and lead to cardiac arrest.
- 15) Never use it on the eye, head and face area.
- 16) Never use it near the genitals.
- 17) Never use it on the areas of the skin which lack normal sensation.
- 18) Keep electrodes separate during treatment. It could result in improper stimulation or skin burns if electrodes are in contact with each other.
- 19) Keep the stimulator out of reach of children.
- 20) Consult your doctor if you are in any doubt whatsoever.



- 21) Discontinue it and do not increase the intensity level if you feel discomfort during use.

2.2.3 Precautions

- 1) TENS is not effective for pain of central origin including headache.
- 2) TENS is not a substitute for pain medications and other pain management therapies.
- 3) TENS is a symptomatic treatment and, as such, suppresses the sensation of pain that would otherwise serve as a protective mechanism.
- 4) Effectiveness is highly dependent upon patient selection by a practitioner qualified in the management of pain patients.
- 5) Since the effects of stimulation of the brain are unknown, stimulation should not be applied across your head, and electrodes should not be placed on opposite sides of your head.
- 6) The safety of electrical stimulation during pregnancy has not been established.
- 7) You may experience skin irritation or hypersensitivity due to the electrical stimulation or electrical conductive medium (silica gel).
- 8) If you have suspected or diagnosed heart disease or epilepsy, you should follow precautions recommended by your physician.
- 9) Caution if you have a tendency to bleed internally, e.g. following an injury of fracture.
- 10) Consult with your physician prior to using the device after a recent surgical procedure, because stimulation may disrupt the healing process.
- 11) Caution if stimulation is intended to be applied over the menstruation or pregnant uterus.

- 12) For single patient use only.
- 13) This stimulator should not be used by patients who is noncompliant and emotionally disturbed including whom with dementia or low IQ.
- 14) The instruction of use is listed and should be obeyed; any improper use may be dangerous.
- 15) Rare cases of skin irritation may occur at the site of the electrode placement following long-term application.
- 16) Do not use this device in the presence of other equipment which sends electrical pulses to your body.
- 17) Do not use sharp objects such as a pencil or ballpoint tip to operate the buttons on the control panel.
- 18) Check the electrode connections before each use.
- 19) Electrical stimulators should be used only with the electrodes recommended for use by the manufacturer.
- 20) When output of device more than 10mA or 10 V, the intensity of Channel will flicker.
- 21) Users should consult a healthcare professional before using the device
- 22) The user shall report any serious incident related to the device to the manufacturer and the competent authorities of the Member States establishing the user and / or the patient.

2.2.4 Adverse Reactions

- 1) Possible skin irritation or electrode burn under the electrodes may occur.
- 2) Possible allergic skin reaction to tape or gel may occur.
- 3) On very rare occasions, first-time users of EMS report feeling light-headed or faint. We recommend that you use the product while seated until you become accustomed to the sensation.

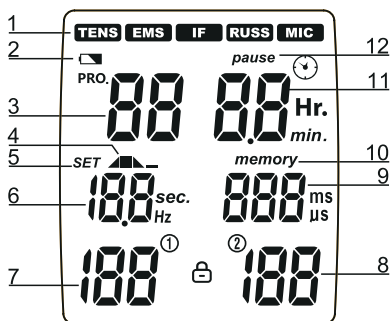
- 4) If symptoms of tachycardia and extrasystolia (rapid heartbeat or extra stimulation) appear during treatment, stop the treatment and seek medical attention immediately.
- 5) If the stimulation makes you uncomfortable, reduce the stimulation Intensity to a comfortable level and contact your physician if problems continue.

3. GETTING TO KNOW YOUR DEVICE

3.1 Package includes

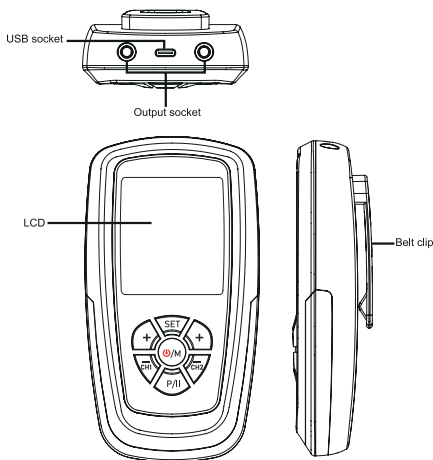
No.	Description	QTY
1	Combo Electrotherapy Device	1PC
2	Electrode pad (50mm×50mm)	4PCS
3	Electrode wires	2PCS
4	USB cable	1PC
5	User manual	1PC

3.2 LCD display



No.	Function description	No.	Function description
1	Treatment mode	7	Intensity for Channel 1
2	Low battery symbol	8	Intensity for Channel 2
3	Program NO.	9	Pulse width
4	Wave output state	10	Memory symbol
5	Set symbol	11	Treatment time
6	Pulse rate	12	Pause symbol

3.3 Device illustration



No.	Description
+	At standby or treating mode, short press the [+] button to increase the channel 1 or channel 2 output intensity. At setting mode, short press the [+] button to increase the program parameter. At memory mode, short press the [+] button to choose up the record num.

-	At treating mode, short press the [-] button to decrease the channel 1 or channel 2 output intensity. At setting mode, short press the [-] button to decrease the program parameter. At memory mode, short press the [-] button to choose down the record num.
SET	At the standby mode, short press the [SET] button to enter the setting mode. At the memory mode, short press to check the record. At the memory mode, long press to delete the record.
ON/ OFF/ M	At power saving mode, short press to turn on the device. At standby mode, short press to switch the treating mode. At treating mode, short press to return the standby mode. At setting mode, short press to save the parameter and return the standby mode. At memory mode, short press to return the standby mode. At standby mode, long press to turn off the device.
P/II	At standby mode, short press to select the treat program. Long press to enter the memory mode. At setting mode, short press to switch the setting parameter. At treating mode, short press to pause or regain treatment.

4. SPECIFICATION

4.1 Technical information

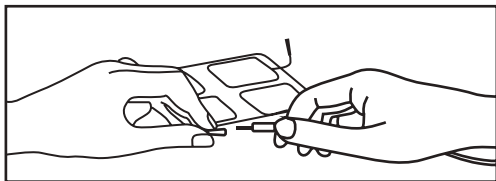
Device name	Combo Electrotherapy Device
Model/type	R-C1-SA3
Power sources	3.7 V Li-ion battery
Power supply	Input: 100-240V AC, 50/60Hz, 0.2A; Output: 5V DC, 300mA
Output Channel	Dual channel
Waveform	MIC : Mono-phase square pulse wave Other: Bi-phase square-wave pulse

Output current	TENS/EMS/RUSS :0-90mA _p ; IF: 0-60mA _{pp} MIC:0-0.7mA _p (At Load:1000 ohm)
Output intensity	TENS/EMS/RUSS :0-90V _p ; IF: 0-60V _{pp} MIC:0-700mV _p (At Load:1000 ohm)
Treatment mode	TENS, EMS, IF, RUSS and MIC mode
Operating condition	5 ° C to 40 ° C with a relative humidity of 15%-93%, atmospheric pressure from 700 hPa to 1060 hPa
Storage condition	-10 ° C to 55 ° C with a relative humidity of 10%-95%, atmospheric pressure from 700 hPa to 1060 hPa
Dimension	141 x 75 x 33 mm (L x W x T)
Weight	about 170g
Classification	BF type applied part, internal power equipment
Size of electrodes pad	50x50mm, square
Output precision	± 20% error is allowed for all the output parameters
P.W.(Pluse Width)	TENS/EMS: 50 to 400μs ; RUSS: 200μs IF:50μs/100μs/125μs;MIC: 1ms-500ms
P.R.(Pluse Rate)	TENS/EMS: 1 to 150 Hz; MIC: 0.1Hz-150Hz RUSS: Carrier F 2.5KHz Burst F 10Hz-70Hz IF: Carrier F 4KHz/5KHz/10KHz Beat F 1Hz-199Hz
Time	Adjustable, from 10 to 90 minutes.
Automatic shut off	1 minute
Low Battery Indication	A low battery indicator will show up on the LCD when the battery is low.
Device service life	5 years
Electrode pads shelf life	3 years

5. OPERATING INSTRUCTION

5.1 Connect electrode pads to electrode wires

Insert the electrode wires connector into electrode connector. Make sure they are properly connected to ensure the good performance. Please refer to the picture.



Caution

Always use the electrode pads which comply with the requirements of the IEC/EN60601-1, ISO10993-1/-5/-10 and IEC/ EN60601-1-2, as well as CE and FDA 510(K) regulation.

5.2 Connect electrode wires to device

Before proceeding to this step, ensure that the device is completely switched OFF. Hold the insulated portion of the electrode wire connector, and insert the plug into the receptacle on the top of the main device.

Ensure the electrode wires are inserted correctly. The device has two output receptacles controlled by Channel 1 and Channel 2 at the top of the unit. You may choose to use one channel with one pair of electrode wires or both channels with two pairs of electrode wires. Using both channels gives the user the advantage of stimulating two different areas at the same time.

Caution

Do not insert the plug of the electrode wires into any AC power supply socket.

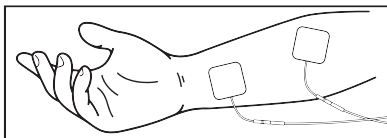
5.3 Electrode

5.3.1 Electrode options

The electrodes should be routinely replaced when they start to lose their adhesiveness. If you are unsure of your electrode adhesive properties, please order new replacement electrodes. Replacing electrodes should be re-ordered under the advice of your physician or the device manufacturer to ensure proper quality. Follow application procedures outlined on electrode packing when using the new replacement electrodes to maintain optimal stimulation and to prevent skin irritation.

5.3.2 Place electrodes on skin

Place the electrode on the body part in need of treatment, according to the instruction of this user manual. Please make the skin clean before use and ensure the skin and electrode connect well.



Caution

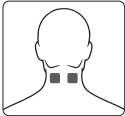
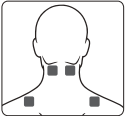
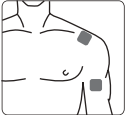
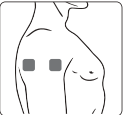
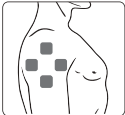
1. Always remove the electrodes from the skin with a moderate pull in order to avoid injury in the event of highly sensitive skin.

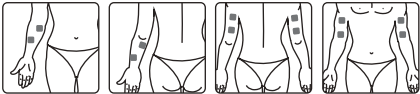
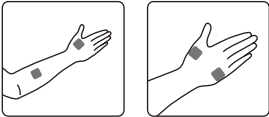
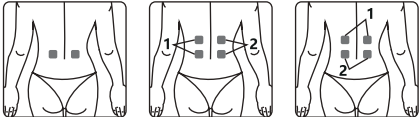
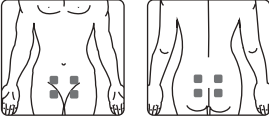
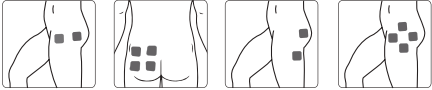
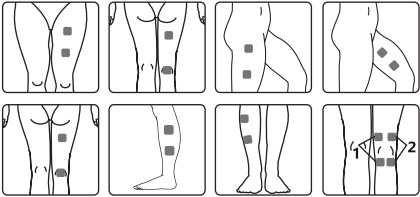
2. Before applying the self-adhesive electrodes, it is recommended to wash and degrease the skin, and then dry it.
3. Do not turn on the device when the self-adhesive electrodes are not positioned on the body.
4. To remove or move the electrodes, switch off the device or the appropriate channel first in order to avoid unwanted irritation.
5. It is recommended that, at minimum, 1.97"x 1.97" self-adhesive square electrodes are used at the treatment area.
6. Never remove the self-adhesive electrodes from the skin while the device is still on.

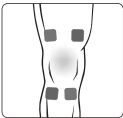
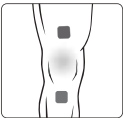
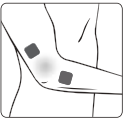
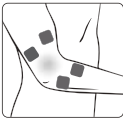
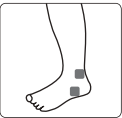
5.3.3 Electrode placement

You only have to use according to the user manual, place the electrode on the position where you feel pain. Conduct exercise, treatment and adjustment based on your own feeling.

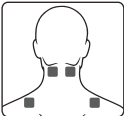
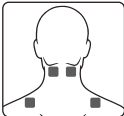
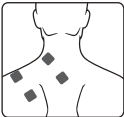
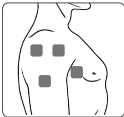
Position of electrode placement under TENS,IF and MIC programs

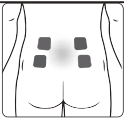
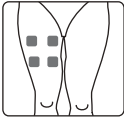
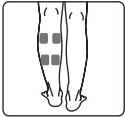
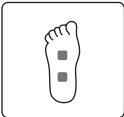
Neck			
Shoulder			

Arm				
Hand				
Back				
Abdomen				
Hip				
Leg				
Foot				

Joint (knee)			
Joint (elbow)			
Joint (ankle)			
Joint (wrist)			

Position of electrode placement under EMS and Russ programs

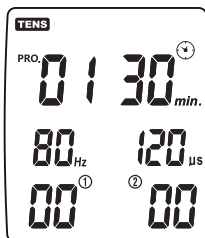
Neck				
Shoulder				
Arm				

Hand	
Back	
Leg	 
Foot	

6. INSTRUCTIONS FOR USE

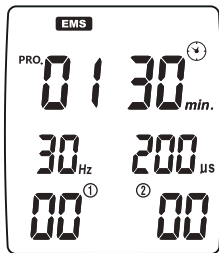
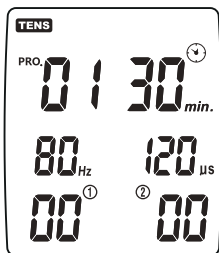
6.1 Turn on

Press the [ON/OFF/M] button to turn on the device, the LCD will be lit. And then it goes into the standby mode as below picture shows.



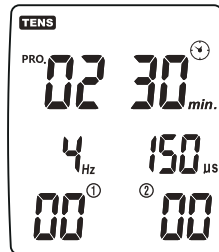
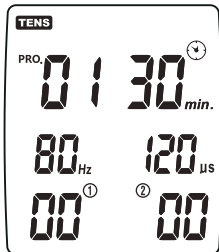
6.2 Select treatment mode

Press the [ON/OFF/M] button to select which treatment mode you will use. The LCD displays as follows:



6.3 Select treatment program

Based on your need, press [P/II] button to select the treatment program. The LCD displays as follows:



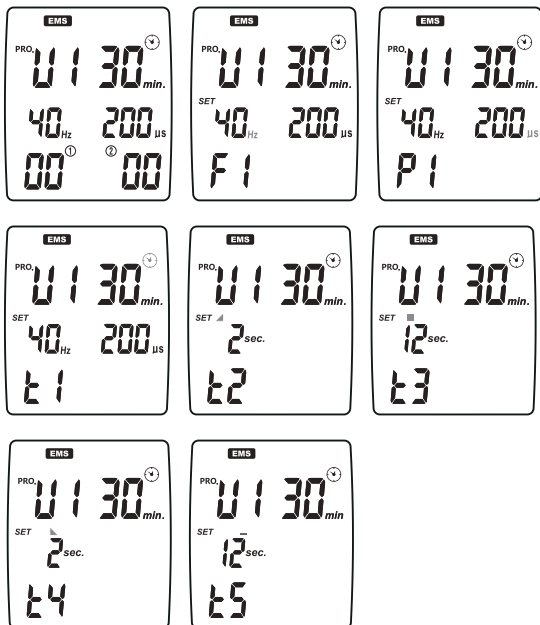
6.4 Set program parameter

1) In standby mode, adjust the treatment program to Ux. Short Press the [SET] button to enter the setting program, and the corresponding icon starts flashing.

2) Short press [P/II] button to set the parameter adjust

frequency - pulse width - treatment time (EMS/Russian: frequency - pulse width - treatment time - ramp up time - contraction time-ramp down time - relaxation time). Short press CH1/CH2[+]/[-] button to adjust corresponding parameters.

The LCD displays as follows:



MODE	PRO.	F1(Hz)	F2(Hz)	P1(μs)	P2(μs)	t1 (min)
TENS	U1	1-5	/	50-400	/	10-90
	U2	2-150	2-150	50-400	50-400	10-90
	U3	2-150	2-150	50-400	/	10-90
	U4	2-150	/	50-400	50-400	10-90

TENS	U5	2-150	2-150	50-400	50-400	10-90
	U6	2-150	/	50-400	/	10-90
IF	U1	1-199	1-199	/	/	10-90
	U2	1-199	1-199	/	/	10-90
	U3	1-199	1-199	/	/	10-90

MODE	PRO.	F1 (Hz)	F2 (Hz)	P1 (uS)	P2 (uS)	t1 (min)	t2 (S)	t3 (S)	t4 (S)	t5 (S)
EMS	U1	2-150	/	50-400	/	10-90	1-9	1-90	1-9	1-90
	U2	2-150	/	50-400	/	10-90	1-9	1-90	1-9	1-90
	U3	2-150	/	50-400	/	10-90	1-9	1-90	1-9	1-90
	U4	2-150	/	50-400	/	10-90	1-9	1-90	1-9	1-90
	U5	2-150	/	50-400	/	10-90	1-9	1-90	1-9	1-90
	U6	2-150	/	50-400	/	10-90	1-9	1-90	1-9	1-90
RUSS	U1	10-70	/	/	/	10-90	1-9	1-90	1-9	1-90
	U2	10-70	/	/	/	10-90	1-9	1-90	1-9	1-90
	U3	10-70	/	/	/	10-90	1-9	1-90	1-9	1-90
	U4	10-70	/	/	/	10-90	1-9	1-90	1-9	1-90
	U5	10-70	/	/	/	10-90	1-9	1-90	1-9	1-90
	U6	10-70	/	/	/	10-90	1-9	1-90	1-9	1-90

MODE	PRO.	F1(Hz)	F2(Hz)	P1(mS)	P2(mS)	t1 (min)
MIC	U1	0.1-150	/	1-500	/	10-90
	U2	0.1-150	0.1-150	1-500	/	10-90
	U3	0.1-150	/	1-500	1-500	10-90

Note:

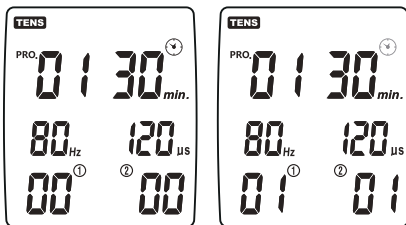
F1: frequency 1; F2: frequency 2; Pl: pulse width 1;
P2: pulse width 2; t1: treatment time; t2: ramp up time;
t3: contraction time; t4: ramp down time; t5: relaxation time

MIC mode: $P.W. \leq \frac{1}{2 \times P.R.}$ $P.R. \leq \frac{1}{2 \times P.W.}$

3) Press [ON/OFF/M] button to return to the standby mode.

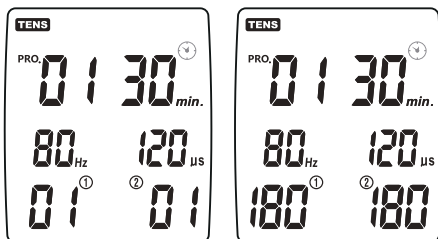
6.5 Start treatment

Press the [+] button to increase the intensity of the selected treatment channel. The LCD displays as follows:

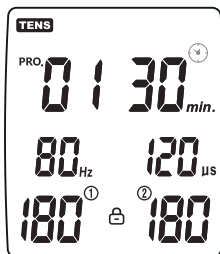


6.6 Adjust the output intensity

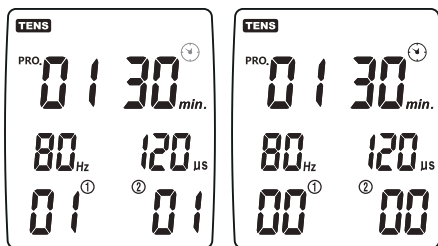
Press the [+] button to increase output intensity. It will be increased to a higher level after each press. Please adjust the intensity to the condition that you feel comfortable. The level of output intensity will be shown on the LCD:



To avoid unintentional output increment by user, the device will auto-lock the keypad after idle for 20 seconds during treatment. Press [-] button to unlock.



If you feel it too strong, you can press [-] button to decrease the intensity to a lower level each time. When the output intensity of both channels decrease to zero, the stimulator will return to the standby mode. The LCD displays as follows:

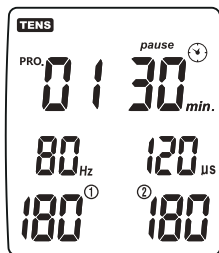


Caution:

If you feel or become uncomfortable, reduce the stimulation intensity to a more comfortable level and consult with your medical practitioner if problems insist.

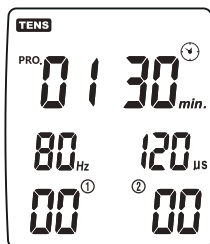
6.7 Pause function

On the treatment mode, press the [P/II] button to pause the treatment, and the LCD will display the pause icon. Press the [P/II] button again to resume the treatment.



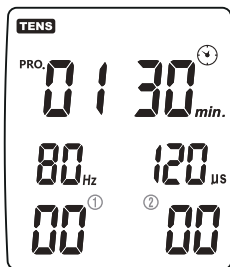
6.8 Stop the treatment and turn off the device

Press the [ON/OFF/M] button to stop treatment during the treatment mode. Press the [ON/OFF/M] button again to turn off the stimulator, and the LCD will be blank.



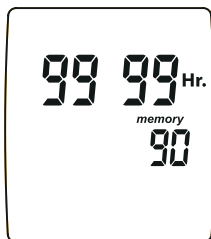
6.9 Load detection

It will automatically detect the load if the intensity is above level 20 (IF/RUSS:15, MIC doesn't have this feature). If it hasn't detected the load or the electrode contacts the skin not well enough, the intensity will automatically return to level 0 and the symbol '①' or '@' twinkles. And the stimulator returns to the standby mode.



6.10 Query the treatment records

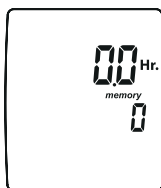
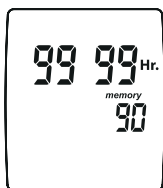
a. At standby mode, press and hold the [P/II] button to enter the memory mode, and display the total time and the serial number. You can view different record numbers (up to 90 records) by briefly pressing the [+] / [-] buttons.



b. Press the [SET] button to enter the treatment data interface ,where you can view the treatment data under the corresponding record number (the interface displays the treatment mode, treatment program, treatment time and treatment intensity of each channel),and press the [SET] button again to return to the record serial number interface.



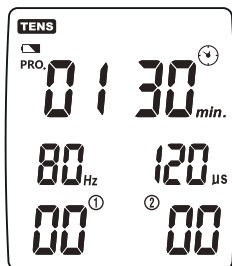
c. Under the record number interface, press and hold the [SET] button to display the 'CLr' symbol on the LCD, and then press and hold the [SET] button again to clear all treatment records.



d. Press the [ON/OFF/M] button to return to the standby mode.

6.11 Low battery detection

When the battery is low, the '  ' icon will twinkle to indicate it, stop the device and charge the battery.



Charging the Battery:

Proceed as follows to recharge the battery:

- This device cannot be used while charging.
- Make sure that the device is no longer connected to the patient (the output cables and electrodes must be disconnected).
- Connect the USB cable to the charging port on the device.
- Connect the USB cable to the charger.
- When the device is charging, the indicator light will be yellow.
- It could take up to 2 hours to reach a full charge.
- When charging is completed, the indicator light will be green.

The life of a rechargeable battery depends on the number of recharging/rundown cycles it undergoes and how these cycles are performed.

The following suggestions will help prolong the life of the battery:

- Whenever the device is not used frequently, charge the

battery once a month.

- For longer battery life, discharge the battery as much as possible.

6.12 Usage of electrode pads

1. The electrode may only be connected with the COMBO stimulator. Make sure that the device is turned off when attaching or removing the electrode pads.
2. If you want to reposition the electrode during the application, turn the device off first.
3. The use of electrode may lead to skin irritations. If you experience such skin irritations, e.g. redness, blistering or itching, discontinue using them. Do not use the COMBO stimulator permanently on the same body part, as this may also lead to skin irritations.
4. Electrode pads are private and intended for single person use. Please avoid use them by different persons.
5. The electrode must connect entirely to the skin surface to prevent hot spots, which may lead to skin burns.
6. Do not use the electrode pads for more than 15 times, as connection between the electrodes and the skin deteriorates over time.
7. The adhesive force of the electrodes depends on the skin properties, storage condition, and the number of applications. If your electrode pads no longer fully stick to the skin's surface, replace them with new ones. Stick the electrode pads back onto the protective foil after use and store them in the storage bag to prevent them from drying out. This retains the adhesive force for a longer period.
8. Do not use detergent to clean the electrode pads before and after use to avoid damaging the adhesion of the electrode pads.
9. The electrode pads must always be touched with clean hands, it is recommended to replace the electrode pads

if they become dirty.

Caution:

- 1) Before applying the electrode, it is recommended for users to wash and degrease the skin, and then dry it.
- 2) Never remove the electrode from the skin while the device is still on.
- 3) Only use the electrode pads provided by the manufacturer. Use of other companies' products could result in injuries to the user.

6.13 Where do I attach electrode pads?

1. Each person reacts differently to electric nerve stimulation. Therefore, the placement of the electrodes may deviate from the standard. If application is not successful, contact your physician to find out which placement techniques are best for you.
2. Do not use any adhesive electrodes with a size smaller than those the original manufacturer attached. Otherwise the current density may be too high and cause injuries.
3. The size of the adhesive pads may not be changed, e.g. by clipping off parts of them.
4. Make sure that the region radiating the pain is enclosed by the electrodes. In case of painful muscle groups, attach the electrodes in such a way that the affected muscles are also enclosed by the electrodes.

7. CLEANING AND MAINTENANCE

Fully comply with the following necessary daily maintenance requirements to make sure the device is intact and guarantee its long term performance and safety.

7.1 Cleaning and care for the device

- 7.1.1 Pull the electrodes out of the stimulator, clean the device with a soft, slightly damp cloth. In case of heavier dirt build-up, you may also apply a mild detergent.
- 7.1.2 Do not expose the COMBO stimulator to moisture or dampness. And do not hold the COMBO stimulator under running water, nor submerge it in water or other liquids.
- 7.1.3 The COMBO stimulator is sensitive to heat and may not be exposed to direct sunlight. And do not place it on hot surfaces.
- 7.1.4 Clean the surface of the electrode pads carefully with a damp cloth. Make sure the device is turn off!
- 7.1.5 For reasons of hygiene, each user should use his/her own set of electrodes.
- 7.1.6 Do not use any chemical cleaners or abrasive agents for cleaning.
- 7.1.7 Ensure that no water penetrates into the machine. Should this happen, use the device again only when it is completely dry.
- 7.1.8 Do not clean the device during treatment. Be sure that the device is turned off and the battery is unloaded before cleaning.

7.2 Maintenance

- 7.2.1 The manufacturer didn't authorize any maintenance agencies abroad. If your device has any problem, please contact the distributor. The manufacturer will not be responsible for the results of maintenance or repairs by unauthorized persons.
- 7.2.2 The user must not attempt any repairs to the device or any of its accessories. Please contact the retailer for

repair.

7.2.3 Opening of the equipment by unauthorized agencies is not allowed and will terminate any claim to warranty.

Each product in manufacturing has been through the systematic validation. The performance is stable and does not need to undertake calibration and validation.

If your product can't reach the expected performance and the basic function has changes in normal use, please contact the retailer.

8. TROUBLESHOOTING

Should any malfunction occur while using the device, check whether the parameters are set appropriately for therapy, and adjust the control correctly. Please see the following table:

Malfunction	Common reasons	Countermeasure
No display	The battery is exhausted	Charge in time
No sensation of stimulation	1. The electrode does not connect well to the skin. 2. If the connection between electrode connects well to the stimulator 3. The battery is used up. 4. The skin is too dry.	1. Check and re-paste it on skin. 2. Check the connection. 3. Charge. 4. Wipe the electrode and the skin with a wet cotton cloth.

Automatic halt in the treatment	1. The electrode loses connection with the skin. 2. If the battery is used up.	1. Check and place the electrode properly on the skin. 2. Charge
Rash or tickle on the skin occurs in treatment	1. The treatment time lasts too long. 2. The electrode does not stick well to the skin. 3. The interface of the electrodes is dirty or dry. 4. The skin is sensitive to the electrode.	1. Do the treatment once a day and shorten the treatment time. 2. Check and stick the electrode well. 3. Wipe the electrode with a wet cotton cloth before use. 4. Check your allergic history. Please change the sticking place or shorten the treatment time. If your skin is over-sensitive, you should stop the treatment or go to see a doctor.

9. STORAGE

9.1 Storing the Electrode Pads and Lead Wires

1. Turn the device off and remove the lead wires from the unit.
2. Remove the electrodes from your body and disconnect the lead wires from the electrodes.
3. Place the electrodes into the plastic film and then store into the sealed package.
4. Wrap the lead wires and store into the sealed package.

9.2 Storing the Unit

1. Place the unit, electrodes, lead wires and manual back into the gift box. Store the box in a cool, dry place, $-10^{\circ}\text{C} \sim 55^{\circ}\text{C}$; 10% ~ 95% relative humidity.
2. Do not keep in places that can be easily reached by children

10. DISPOSAL



Spent batteries do not belong to the household wastes. Dispose of the battery according to the current regulations. As a consumer, you have the obligation to dispose of batteries correctly. Consult your municipal authority or your dealer for information about disposal. At the end of the product lifecycle, do not throw this product into the normal household garbage, but bring it to a collection point for the recycling of electronic equipment. Obsolete electrical and electronic equipment may have potentially harmful effects on the environment. Incorrect disposal can cause toxins to build up in the air, water and soil and jeopardize human health.

11. ELECTROMAGNETIC COMPATIBILITY (EMC) TABLES

Guidance and manufacture' s declaration - electromagnetic emissions

The device is intended for use in the electromagnetic environment specified below. The customer or the user has to assure that it is used in such environment.
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Emissions test	Compliance	Electromagnetic environment - guidance
RF emissions CISPR11	Group 1	The device uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR11	Class B	
Harmonic emissions IEC61000-3-2	Not applicable	
Voltage fluctuations/ Flicker emissions IEC61000-3-3	Not applicable	The device is suitable for use in all establishments including those directly connected to the public low-voltage power supply network that supplies to buildings power used for domestic purposes

Guidance and manufacture' s declaration — electromagnetic immunity

The device is intended for use in the electromagnetic environment specified below. The customer or the user of the device should assure that it is used in such environment.

Immunity test	IEC 60601 Test level	Compliance level	Electromagnetic environment-guidance
Electrostatic discharge (ESD) IEC61000-4-2	$\pm 8\text{kV}$ direct & indirect contact; $\pm 15\text{kV}$ air discharge	$\pm 8\text{kV}$ direct & indirect contact; $\pm 15\text{kV}$ air discharge	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%
Electrical fast transient/burst IEC 61000-4-4	$\pm 2\text{ kV}$ for power supply lines	not applicable	not applicable (for INTERNALLY POWERED ME EQUIPMENT)

Surge IEC 61000-4-5	± 1 kV line(s) to line(s)	not applica- ble	not applicable (for INTERNALLY POWERED ME EQUIPMENT)
Voltage dips, short interrup- tions and volt- age variations on power supply input lines IEC 61000-4-11	$<5\% U_T$ ($>95\%$ dip in U_T) for 0.5 cycle $40\% U_T$ (60% dip in U_T) for 5 cycles $70\% U_T$ (30% dip in U_T) for 25 cycles $<5\% U_T$ ($>95\%$ dip in U_T) for 5 sec	not applica- ble	not applicable (For INTERNAL- LY POWERED ME EQUIPMENT
Power frequency (50Hz/60Hz) magnetic field IEC 61000-4-8	10V/m	10V/m	Power frequency mag- netic fields should be at levels characteristic of a typical location in a typical commercial or hospital environ- ment.
NOTE U_T is the a.c. mains voltage prior to application of the test level.			

Guidance and manufacture' s declaration – electromagnetic im-
munity

The device is intended for use in the electromagnetic environment specified below. The customer or the user of device should assure that it is used in such an environment.

Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
Radiated RF IEC 61000-4-3	10V/m & table 9	10V/m & table 9	Portable and mobile RF communications equipment should be used not closer to any part of the device, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter. $d = 1.167\sqrt{P}$ 80 MHz to 800 MHz $d = 2.333\sqrt{P}$ 800 MHz to 2.5 GHz Where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and d is the recommended separation distance in metres (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey,^a should be less than the compliance level in each frequency range.^b Interference may occur in the vicinity of equipment marked with the following symbol: 

NOTE 1	At 80 MHz and 800 MHz, the higher frequency range applies.
NOTE 2	These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.
a	Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the device is used exceeds the applicable RF compliance level above, the device should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the device.
b	Over the frequency range 150 kHz to 80 MHz, field strengths should be less than $[V_i]$ V/m.

Test specifications for ENCLOSURE PORT IMMUNITY to RF wireless communications equipment (Table 9)

Test frequency (MHz)	Band ^{a)} (MHz)	Service ^{a)}	Modulation ^{b)}	Maximum power (W)	Distance (m)	Immunity Test Level (V/m)
385	380-390	TETRA 400	Pulse modulation ^{b)} 18Hz	1.8	0.3	27
450	430-470	GMRS 460, FRS 460	FM ^{c)} ± 5 kHz deviation 1kHz sine	2	0.3	28
710	704-787	LTE Band 13, 17	Pulse modulation ^{b)} 217Hz	0.2	0.3	9
745						
780						

810	800-960	GSM800/900, TETRA 800, iDEN 820, CDMA 850, LTE Band 5	Pulse modulation ^{b)} 18Hz	2	0.3	28
870						
930						
1720	1700-1990	GSM1800; CDMA 1900; GSM 1900; DECT; LTE Band 1,3, 4,25; UMTS	Pulse modulation ^{b)} 217Hz	2	0.3	28
1845						
1970						
2450	2400-2570	Bluetooth, WLAN, 802.11 b/g/n, RFID 2450, LTE Band 7	Pulse modulation ^{b)} 217Hz	2	0.3	28
5240	5100-5800	WLAN 802.11 a/n	Pulse modulation ^{b)} 217Hz	0.2	0.3	9
5500						
5785						

NOTE If it is necessary to achieve the IMMUNITY TEST LEVEL, the distance between the transmitting antenna and the ME EQUIPMENT or ME SYSTEM may be reduced to 1 m. The 1 m test distance is permitted by IEC 61000-4-3.

- a) For some services, only the uplink frequencies are included.
- b) The carrier shall be modulated using a 50 % duty cycle square wave signal.
- c) As an alternative to FM modulation, 50 % pulse modulation at 18 Hz may be used because it does not represents actual modulation. It would be worst case.

12. NORMALIZED SYMBOLS

	WEEE Symbol		Applied part of type BF
	Refer to instruction manual	IP22	IP classification
	Batch code		Authorized representative in the European Community
	Manufacturer		Date of manufacture
	Fragile, handle with care		Keep away from sunlight
	Keep dry		Temperature limit
	Use-by date		Serial number
	Humidity limitation		Atmospheric pressure limitation
	Caution		Recycling symbol
	Users of the artificial pacemaker are prohibited from using the device		CE mark
	Packaging material cycle mark		Unique device identifier
	Medical device		Importer Information

13. WARRANTY



Shortened warranty terms

This Guarantee is provided by Armare S.A., a company governed by Polish law, with its registered office in Warsaw, ul. Grzybowska 87, 00-844, Poland. You can find us in the official Polish register of companies under the KRS number: 0000730590, NIP: 5213833614 and REGON: 380721860.

We guarantee that the equipment you have purchased from us (hereinafter referred to as the "Product") will work properly. If something goes wrong for a reason inherent in the Product, this warranty protects you. The warranty starts from the day you receive the Product and lasts:

24 months, if you are a consumer or a natural person running a business and the purchase of the Product is not of a professional nature for you. Otherwise, the warranty period is 12 months. If the law in your area requires a longer warranty, the warranty period will be extended to meet local law requirements.

In addition, if the Product does not comply with the contract, you have the right to legal protection from and at the expense of the seller. This warranty does not affect these rights - it does not limit, suspend or exclude them.

Detailed warranty conditions, how to submit complaints, what happens when you find a defect, what are exceptions to the warranty, when the warranty expires or is extended, and what are the rules regarding the processing of personal data, you can find on our website: www.medivon.pl/warranty



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