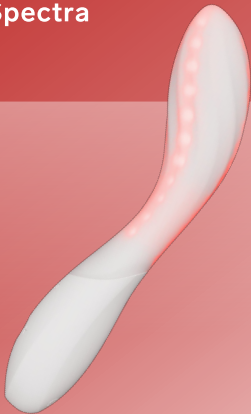


LELO

MONA™ Spectra



USER MANUAL

MONA™ Spectra is a red light intimate wellness massager designed to support and harmonize the skin's appearance while also contributing to overall well-being and a soothing experience.

Congratulations on acquiring MONA™ Spectra.

Before getting more closely acquainted with it, please take a moment to look through this user manual.

## **IMPORTANT**

Your pleasure object has been locked for transportation. To unlock, simply connect the charger or see below.

## **SAFETY**

- Please consult your healthcare provider with any questions or concerns you may have regarding your condition.
- This product is only for adult use, cleaning, and maintenance.
- Children should be supervised to prevent them from playing with the device. Keep out of reach of children at all times.
- This device contains batteries that are removable and replaceable only by qualified professionals.
- People with reduced physical, sensory or mental capabilities or lack of experience and knowledge should use the device only if they have been given supervision or instruction concerning the use of the device in a safe way and understand the hazards involved.
- Only use the product for the intended purpose. Sharing sex toys with other people may transmit sexual diseases. Do not share your sex toys with people other than your partner.
- Use protective measures with your partner if necessary.
- Do not use the product if you detect any cracks or signs of degradation on the covering material.
- To prevent stains, do not keep your product on the absorbent surfaces. If your product operates abnormally, turn off and consult the support section on our website.
- Do not use the product if one or more components are damaged.

## COMPLIANCE STATEMENT

### **a. WARNING**

Please take note that changes or modifications not expressly approved in writing by the party responsible for compliance could void the user's authority to operate the equipment and/or void any relevant warranties.

### **b. FCC statements**

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

### **c. IC statements**

This device complies with Industry Canada licence-exempt RSS standard(s).

Operation is subject to the following two conditions:

- (1) This device may not cause interference, and
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

Cet appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

- (1) l'appareil ne doit pas produire de brouillage, et
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

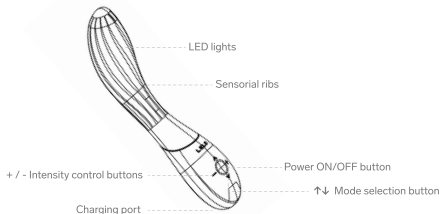
## NOTE

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorienting or relocating the receiving antenna.
- Increasing the separation between the equipment and receiver.
- Connecting the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consulting the seller, the device dealer or an experienced radio/TV technician for help.
- The device must not be co-located or operate in conjunction with any other antenna or transmitter.
- The device has been evaluated to comply with general RF exposure requirements.
- The device can be used in portable exposure conditions without restriction.
- This device complies with IC RSS-102 radiation exposure limits set forth for an uncontrolled environment.
- Users can obtain Canadian information on RF exposure and compliance.
- Cet appareil ne doit pas être placé près d'une autre antenne ou d'un autre émetteur ou fonctionner conjointement avec ceux-ci.
- L'appareil a été évalué pour répondre aux exigences générales d'exposition aux fréquences radio.
- Il peut être utilisé dans des conditions d'exposition portable sans restriction.
- Cet équipement est conforme aux limites d'exposition stipulées par IC RSS-102 pour un environnement non contrôlé.
- Les utilisateurs peuvent obtenir des renseignements canadiens sur l'exposition aux fréquences radio et sur la conformité.

## GETTING TO KNOW YOUR MONA™ Spectra

### Red Light Intimate Wellness Massager



## HOW TO FIND FCC ID AND IC INFORMATION IN THE USER APP:

- Open the “LELO™ app”
- Click “Menu”
- Click “Legal & Regulatory”
- Click “MONA™ Spectra ”
- FCC ID: ZT5-MONA
- IC: 9798A-MONA
- HVIN: MONA™ Spectra
- PMN: Handheld massager

## USING YOUR MONA™ Spectra

### HOW TO USE YOUR PRODUCT WITHOUT THE LELO™ APP

- Before the first use, charge your MONA™ Spectra for 2 hours.
- Press the + or the center button to turn it on.
- Press the “↑” or “↓” buttons to switch between 8 different modes.
- Use the + and the - buttons to increase or decrease the intensity.
- Double-click the center button to turn on or turn off the red LED light.
- Press and hold the center button to simply turn off the device, or use the + and - buttons simultaneously to turn it off and lock it as well.

### HOW TO USE YOUR PRODUCT WITH THE LELO™ APP

- Before the first use, charge your MONA™ Spectra for 2 hours.
- DOWNLOAD THE [IOS](#) / [ANDROID](#) version.
- Press the center button for 3 seconds to turn it on while activating the Bluetooth.
- All the LED lights will blink simultaneously, showing the Bluetooth pairing.
- Open the LELO™ app and locate the toy icon at the bottom of the screen. Find your MONA™ Spectra and select “Connect”. Press and hold the button on your device. Confirm the connection by pressing the button on your product again.
- Go to “MY LELO TOYS” and select “PLAY”.
- Choose from red, blue, or green LED light settings, plus optional NIR (near-infrared) light that can be activated separately. Use the lights together with vibration modes or enjoy LED light technology independently without vibration.
- Go to “SETTINGS” to set your device according to your preferences.
- Click the “SAVE” button at the bottom of your screen to save settings for offline use.
- Use the drop-down menu to set the default auto power off to 10-20 minutes. The battery level is in the upper left corner.

For more information about the LELO™ app, use the detailed instruction manual located [HERE](#).

## FEATURES

### Advanced LED Light Technology

MONA™ Spectra features four customizable LED light technology options for a fully personalized experience. Out of the box, it includes Red light (615–625nm), while the LELO™ app unlocks Green (525–535nm), Blue (465–475nm), and Near Infrared (850nm) modes. All light settings are UV-free and designed to complement your intimate wellness routine. Due to automatic device shut-off after 20 minutes, we recommend the session time up to 10-15 minutes.

### 16 Smooth Vibration Intensities

With 16 intensity levels powered by Smoothrise™ technology, MONA™ Spectra delivers seamless transitions from soft stimulation to powerful sensation. Each level is designed to feel fluid and natural, allowing you to adjust intensity gradually and explore pleasure exactly the way you prefer.

### 10 Versatile Pleasure Modes

MONA™ Spectra offers 10 total pleasure modes for a complete variety. Eight modes are available offline directly on the device, while two additional modes can be unlocked through the LELO™ app for a personalized experience.

### Fully Customizable App Experience

When connected to the LELO™ app, MONA™ Spectra becomes fully adaptable. Users can select LED technology only, vibration only, NIR ON/OFF, NIR-only mode, or freely combine settings.

### Warm Sensation

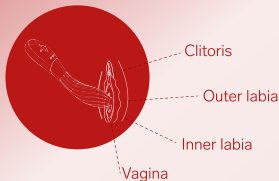
MONA™ Spectra generates a gentle comforting warmth through its high-output LED array. This soothing thermal effect can help with relaxation, which in turn makes the overall experience more comfortable.

## USING MONA™ Spectra

### How to hold



### Where to place



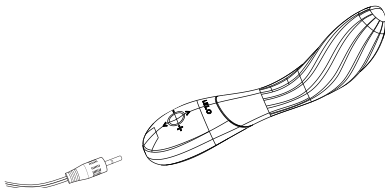
During use of LED light technology, your MONA™ Spectra will warm up, which is normal and expected. The device's temperature should not exceed 40 °C / 104.0 °F.

Keep in mind that after 20 minutes of inactivity, MONA™ Spectra will initiate automatic shutdown to save battery.

**Tip:** For an even more pleasurable sensation, apply a liberal amount of LELO Personal Moisturizer to your body and to MONA™ Spectra before and during use.

## CHARGING YOUR MONA™ Spectra

- Insert the DC plug into the DC port at the base of your MONA™ Spectra.
- Insert the mains plug into a USB Port. The LED on the interface of your MONA™ Spectra will pulse to indicate it is charging. When it is fully charged, the LED will emit a steady glow. When the battery is running low, the LED on your MONA™ Spectra will emit a blinking white light.



**Only use original chargers provided by LELO with your MONA™ Spectra.**

## **CLEANING, STORAGE, AND SAFETY**

Using MONA™ Spectra with hand creams or silicone-based lubricants may make the silicone permanently tacky.

MONA™ Spectra is fully waterproof, making cleaning simple. Rinse and spray with LELO Toy Cleaner, then rinse again and allow it to dry.

Always clean your MONA™ Spectra thoroughly before and after each use. You can wash the silicone with warm water and antibacterial soap, rinse with clean hot water, and pat dry with a lint-free cloth or towel. Never use cleansers containing alcohol, petrol, or acetone.

Avoid leaving your MONA™ Spectra in direct sunlight and NEVER expose it to extreme heat.

Store your MONA™ Spectra in a dust-free place and keep it away from products of other materials.

The appliances must only be supplied at SELV.

## TROUBLESHOOTING

**The LED on your MONA™ Spectra does not pulse when the charger is connected:**

- The battery is drained and will require several minutes to acknowledge that it is being charged.
- The charger is not properly connected. Check the wall and DC sockets.

**Your MONA™ Spectra does not activate when the center button is pressed:**

- The battery is empty. Recharge your MONA™ Spectra.
- The interface of your MONA™ Spectra is locked.  
Hold down + and – for 3 seconds.

If you experience any other problems with your MONA™ Spectra or if you have any questions regarding the operation, please contact:  
**[customercare@lelo.com](mailto:customercare@lelo.com)**

## SPECIFICATIONS

**Materials:** Body safe silicone, ABS Plastic

**Finish:** Smooth

**Size:** 195.6 x 42.3 x 35.3 mm / 7.7 x 1.67 x 1.39 in

**Weight:** 139 g  $\pm$  10% / 4.9 oz  $\pm$  10%

**Insertable length:** 103 mm / 4 in

**Battery:** 3.7V lithium battery with 850 mAh

**Charging:** Up to 2 hours

**Rated Power:**

- Input: 5 V 850 mA 4.25 W
- Output: 3.7 V 850 mA 3.2 W

**LED wave length:** Red: 615nm~625nm; Green: 525nm~535nm;

Blue: 465nm~475nm; NIR:850 nm

**LED light power:** Red: 1.4W; Green: 2.1W; Blue: 2.1W; NIR: 0.45W

**User time:** Up to 2 hours. Every 20 minutes the device auto shuts down.

**Standby:** 90 days

**Frequency:** 108 Hz

**Max. noise level:** < 63 dB

12 **Interface:** 5 buttons, 2 LEDs

## **REGISTER WARRANTY**

To activate your 2-year warranty, register the number provided on the LELO Authenticity Card at [LELO.COM/SUPPORT](https://LELO.COM/SUPPORT).

## **2-YEAR WARRANTY**

LELO warrants this pleasure object for a period of TWO (2) YEARS, after the date of original purchase, against defects due to faulty workmanship or materials. The warranty covers working parts that affect the function of the pleasure object. It does NOT cover cosmetic deterioration caused by fair wear and tear or damage caused by accident, misuse, or neglect. Any attempt to open or take apart the pleasure object (or its accessories) will void the warranty. If you discover a defect and notify LELO during the warranty period, LELO will, at its discretion, replace the pleasure object free of charge. Claims under warranty must be supported by reasonable evidence that the date of claim is within the warranty period. To validate your warranty, please keep your original purchase receipt together with these warranty conditions for the duration of the warranty period. To claim your warranty, you must log in to your account at [LELO.COM](https://LELO.COM) and then select the option to make a warranty claim. Shipping costs are non-refundable. This undertaking is in addition to the consumer's statutory rights and does not affect those rights in any way.

## DISPOSAL INFORMATION

**Disposal of old electronic equipment (applicable in the EU and other European countries with separate waste collection systems):**

The crossed-out dustbin symbol indicates that this pleasure object should not be treated as household waste, but rather be brought to the appropriate collection point for the recycling of electrical and electronic equipment.



RoHS



UK  
CA



SERIAL NO.



IPX 7



MANUFACTURE DATE



CLASS B DIGITAL APPARATUS



FOLLOW INSTRUCTIONS FOR USE



| ETICHETTA AMBIENTALE |                     |
|----------------------|---------------------|
| Categorie            |                     |
| SCATOLA COLORATA     | RACCOLTA CARTONCINO |
| SCATOLA DI CARTONE   | RACCOLTA CARTONCINO |
| WASCOLO IN EVA       | RACCOLTA PLASTICA   |
| SOFFIA NON TESSUTA   | RACCOLTA PLASTICA   |
| BIWER BOX PET        | RACCOLTA PLASTICA   |
| MANUALE              | RACCOLTA CARTA      |

Hereby, LELoI AB declares that the radio equipment type [Non-Specific Short Range Device] is in compliance with Directive 2014/53/EU. LELoI AB declares that the product is also compliant with Directive 2011/65/EU (RoHS). The full text of the EU declaration of conformity is available at the following internet address: <https://www.lelo.com/regulatory>

## DISCLAIMER

This product is intended for general wellness and personal use only. It is not intended to diagnose, treat, cure, or prevent any medical condition. LED light features are designed solely to support a sensory and aesthetic experience.

In accordance with EU product liability regulations, LELO is responsible for the safety and conformity of its products. However, LELO and its retailers shall not be held liable for damages or injuries resulting from:

- Misuse or use of the product for purposes other than intended.
- Negligence or failure to follow safety instructions (e.g., use with incompatible lubricants).
- Use by individuals with pre-existing medical conditions that contravene the product's intended use.

Any changes or modifications to this device not expressly approved by LELO may void the product's compliance with CE and UKCA standards and will terminate the manufacturer's warranty. Unauthorized tampering may also make the device unsafe for use.

LELO reserves the right to update product specifications, materials, and designs. Improvements may be implemented without prior notice, provided such changes do not negatively impact the safety or core functionality of the device.

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Designed and developed by LELO Sweden.

Made in China.

US and International patents or patent applications apply to this product:  
visit <https://www.lelo.com/intellectual-property>

[www.lelo.com](http://www.lelo.com)