# **USER MANUAL**

Cosmetic beauty face device **Beautyrelax BR-1350** 

# ILIFT SMART



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Dear customer, thank you for your trust in the purchase of our product. Before using for the first time, please read carefully all the detailed information in the operating instructions. Pay special attention to safety warnings. Use the device exactly as instructed. All these steps will contribute to the maximum use of all functions of the device. In this guide, we will try to bring you as close as possible to the technologies used and how to make the best use of the device.

If you encounter any ambiguities while reading the instructions, do not hesitate to contact us at the email address: mh@santadria.cz

Keep the instructions for use in a safe place for future reference.

### **NOTICE**

- Before commissioning for the first time, read these operating instructions, view all illustrations and keep them for future reference.
- If your skin is affected by a serious skin condition, do not use the appliance. Consult your doctor for first time use.
- The device is primarily intended for your personal use. Do not share it with family or friends. If the device is used by more than one person, pay special attention to the principles of hygiene.



- Never operate the appliance if it is damaged, does not work properly or has fallen into water.
- To prevent electric shock, do not touch the inside of the unit if it is broken.
- If the unit is dropped, it may be damaged. In this case, do not continue to use the device and contact the dealer's service department.
- Do not use the appliance near water or in places with high humidity (bath, shower, swimming pool, etc.).
- The appliance is not washable. It must not be immersed in water or under running water.
- Do not leave the device unattended. Always switch off the appliance thoroughly after each use.
- If the unit has been moved from a very cold to a very warm environment, wait at least 3 hours before using it.
- The appliance is not intended for use by children or persons whose physical or mental condition does not allow safe use of the appliance.
- Do not place or use the appliance on hot heat sources (radiator, stove, fire, etc.)
- Do not attempt to disassemble or repair the device yourself.
- Store the device in a dry environment. Try to protect it from dust.
- Do not expose the device to direct sunlight.
- The distributor is not liable for damage caused by improper use contrary to the instructions in these operating instructions. He is not responsible for the consequences caused by non-compliance with the safety instructions.
- The distributor is not liable for any damage to health or property during other uses.

# **CONTRAINDICATION**

Under no circumstances may the device be used by persons who are affected by any of the following conditions:

- Cancer, epilepsy, viral disease
- In case of high fever
- Severe kidney or liver disease
- Heart disease, pacemaker, hypertension
- Metal implants in the body
- Vascular disorders or atherosclerosis
- Pregnancy
- Menstruation
- Acnitic keratosis, basal cell carcinoma, melanoma, spinalioma, atopic eczema, contact eczema, solar dermatitis, psoriasis
- People taking anticoagulants
- Persons who require constant supervision may only use the device after consulting a doctor
- Never move the device on the eyelids, temples or thyroid gland

## **MAIN DEVICE BENEFITS**

- Highly effective solution for routine skin treatment.
- Modern technologies used in beauty salons.
- Automatic programs for easy use of the device.
- Designed for mature skin with reduced skin elasticity.
- Non-invasive nature of treatment.
- Really achievable effects with regular use.

## SKIN TREATMENT TECHNOLOGY

- 1. EMS pulse therapy.
- 2. Photon therapy: red light: 630nm, blue light: 480nm.
- Heat therapy: effects of heat and cold.
- 4. Intensive vibrating massage.

### PACKAGE CONTENTS

- Beauty device Beautyrelax BR-1350 ILIFT SMART.
- USB charging cable.
- Operating Instructions.



# **DEVICE INTRODUCTION**

The BeautyRelax iLift Smart represents 4 different devices in one design. It offers truly effective technologies for routine treatment of your skin: EMS pulse lifting, photon light, heat therapy and intensive vibrating massage. Automatically preset programs will guide you through the entire skin treatment process. Make your own beauty salon right at home!



# **EMS LIFTING**

The face is interwoven with a dense muscle structure. The facial muscles form a group of muscles that result in facial expression and facial expressions. During life, however, it loses its elasticity and elasticity. The power and frequency of the electrical pulses are specially adjusted to allow facial treatment. Upon contact with the skin, the application head of the cosmetic device transmits gentle electrical pulses, which penetrate through the upper part of the skin directly to the facial muscles. The muscles contract and thus strengthen them. Collagen and elastic fibers are mechanically stimulated. In the facial area, you will improve the texture of the skin, its tone and increase elasticity. The skin has a rejuvenated and radiant appearance. Cosmetic devices with the function of electrical muscle stimulation are used exclusively for facial treatment. The application head stimulates those parts of the face where there is the largest adipose and muscle tissue. It improves the flexibility and strength of fine facial muscles.

### **KEY EFFECTS OF EMS TECHNOLOGY**

- support of facial blood circulation
- stimulation of the lymphatic system of the face
- increase skin elasticity
- reduction of fine mimic wrinkles
- collagen fiber remodeling
- increase the flexibility of facial contours

## **PHOTON THERAPY**

Light is a simply visible part of electromagnetic radiation of different frequencies. It reaches different wavelengths in the range of 390 to 760nm (nanometers). The human eye is able to perceive light in wavelengths ranging from 400 to 800 nm. In photon therapy, light penetrates the body as a stream of energy in the form of photons. It is scientifically proven that different wavelengths of light result in specific skin care effects. Studies have verified the real positive therapeutic benefit for living tissues and organisms at the cellular level.

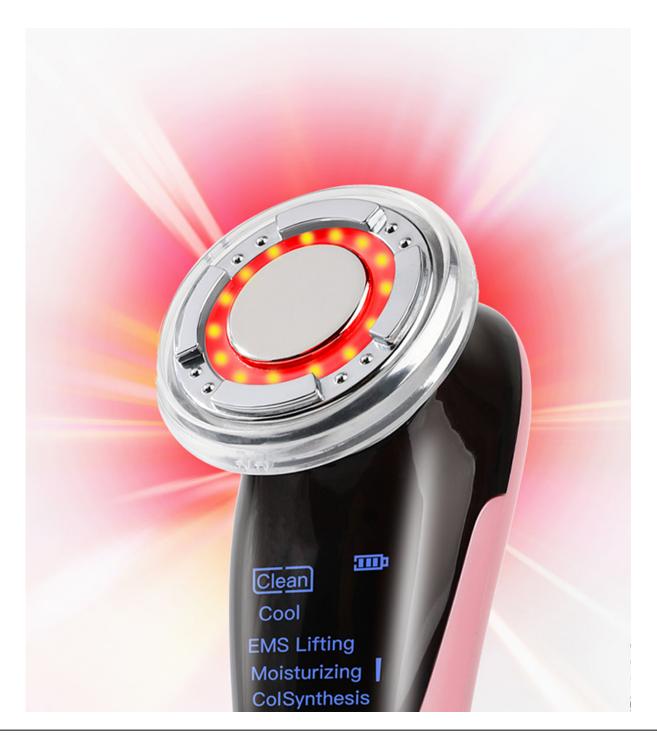
Inflammatory diseases can occur due to illness, injury or stress. Light therapy naturally stimulates the healing power of cells. Light can enter the cell non-invasively and painlessly. Light activates photoreceptors in cells. Photon therapy does not cause any side effects or damage to the body. Thanks to its positive effects, it has gained popularity not only in the field of dermatology, but also in the cosmetic skin treatment segment.

# REAL POSITIVE CONTRIBUTION TO LIVE TISSUES AND CELL LEVEL ORGANISMS

- Photon light can enter the cell non-invasively and painlessly.
- Light activates photoreceptors in cells.
- Light therapy naturally stimulates the healing power of cells.
- Photon therapy does not cause any side effects or damage to the body.
- It solves inflammatory diseases due to illness, injury or stress.

# **RED LIGHT 630NM**

- supports the natural production of collagen
- beneficial effect on elastic fibers
- increasing the efficiency of absorption of active substances of cosmetic products
- improving blood circulation in the subcutaneous tissue
- prevents the formation of pigment



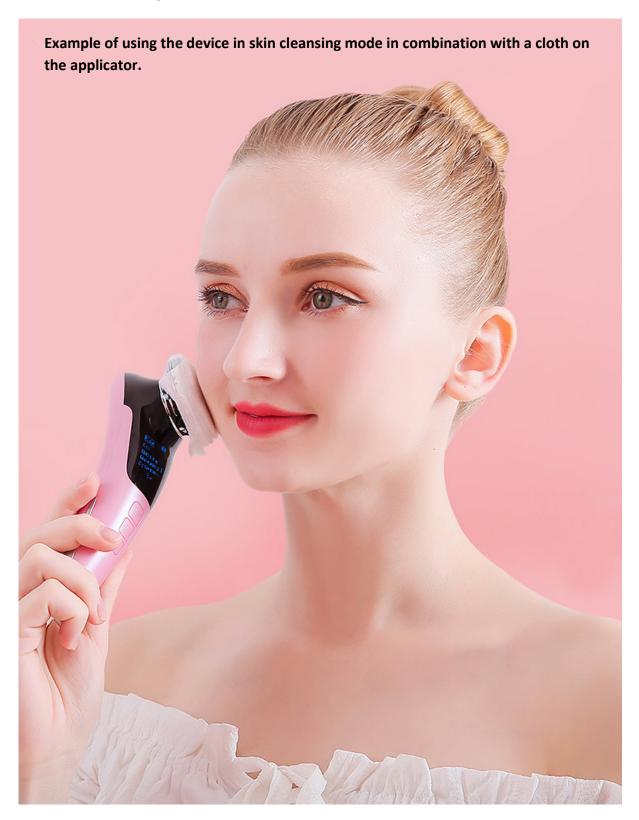
# **BLUE LIGHT 480NM**

- activates porphyrins
- a chemical reaction that destroys harmful bacteria
- antibacterial and anti-inflammatory effect
- prevention of acne
- safe and effective treatment



# **AUTOMATIC SKIN TREATMENT PROGRAMS**

The Beautyrelax BR-1350 ILIFT SMART cosmetic device offers more treatment functions. For easy use, they are included in 5 automatic programs. This makes it as easy to use as possible and contributes to achieving the desired results.



# 1. HLOUBKOVÉ ČIŠTĚNÍ

The application head raises the temperature to a level of around 42 ° C, which significantly contributes to the opening of skin pores before starting to cleanse the skin. High-frequency vibrating massage for intensive skin cleansing. Dirt from the skin is caught in a cloth or napkin, which can be attached to the applicator with a magnetic ring.

### 2. COOLING THE SKIN BY REFRIGERATION

The application head lowers the temperature to a level of 6 ° C. The skin is soothed and the skin pores contract.

### 3. EMS PULSE LIFTING

Apply a thin layer of clear conductive gel on the skin. Electric pulses gently stimulate the facial muscles. EMS non-invasive lifting significantly contributes to increasing skin elasticity. Highlights facial contours.

### 4. HYDRATION MODE

Multiple improvement in the penetration of cosmetic cream or serum. The active ingredients penetrate better through the upper layer of the skin into the dermis layer.

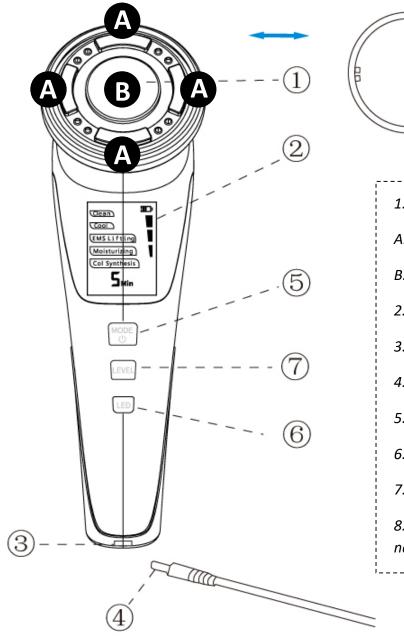
### 5. COLLAGEN FIBER REGENERATION MODE

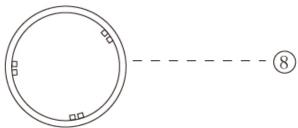
Once the skin is sufficiently hydrated, the combination of heat therapy and EMS pulse lifting will provide intense stimulation of collagen and elastic fibers.

In each of the preset modes, you can use the LED button to turn on any photon light - red or blue. .



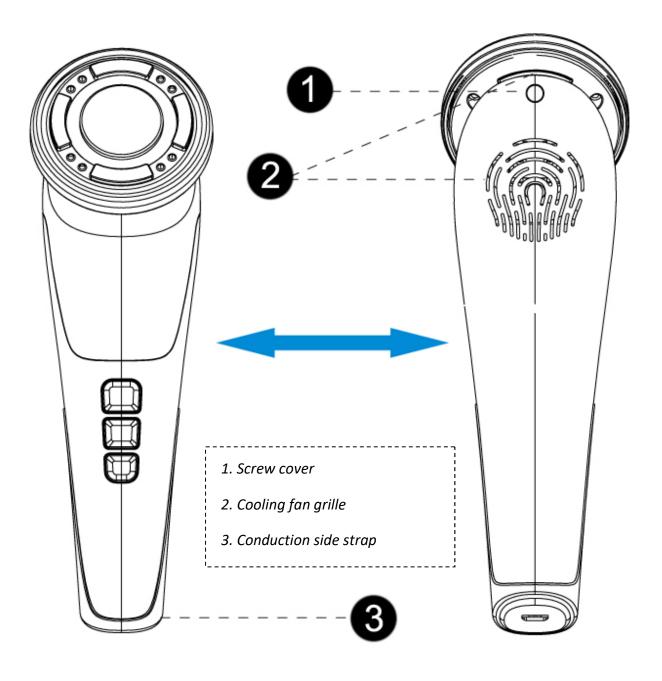
# **DEVICE DESCRIPTION**





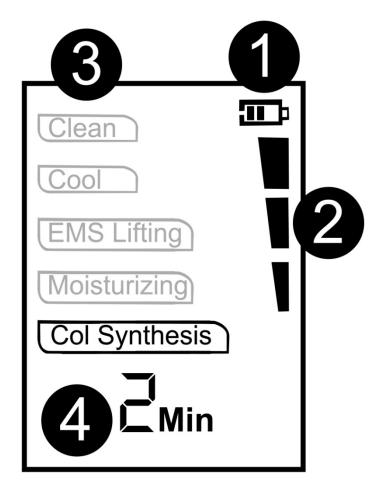
- 1. Application head
- A. EMS contact surfaces
- B. Contact area of heat therapy
- 2. LCD display
- 3. Charging cable input
- 4. USB charging cable
- 5. ON / OFF and MODE button
- 6. Photon light button
- 7. EMS level and temperature
- 8. Plastic ring for attaching a cloth or napkin

# **DEVICE DESCRIPTION**

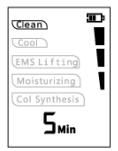


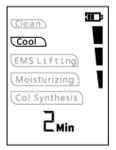
# **DISPLAY DESCRIPTION**

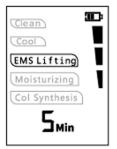
- 1. Battery status indication
- 2. Intensity level
- 3. Display the current skin treatment regimen
- 4. Timer

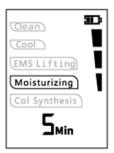


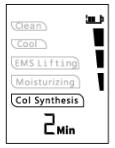
# **HOW TO USE**











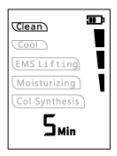
- 1. Press and hold the ON / OFF button for 3 seconds to turn on the device. The default treatment mode is the CLEAN program in level 1. Use a plastic ring to attach any cloth or napkin to which dirt from the skin sticks. The application head of the device vibrates and the temperature rises. If necessary, you can adjust the temperature using the LEVEL button (low 1, medium 2, high 3). You can also activate the photon light by pressing the LED button. The preset treatment time in this step is 5 minutes. After this time, the device switches off automatically.
- 2. Press and hold the ON / OFF button for 3 seconds to switch on the device. Use the ON / OFF button to switch to the COOL application head cooling mode. The application head vibrates at the same time. You can adjust the effect of the cold (low 1, medium 2, high 3) using the LEVEL button as required. The preset treatment time in this step is 2 minutes. After this time, the device switches off automatically.
- **3.** Press and hold the ON / OFF button for 3 seconds to switch on the device. Use the ON / OFF button to switch to EMS lifting mode. The application head vibrates and generates electric micropulses EMS. According to your needs, you can use the LEVEL button to adjust the intensity of the EMS micropulses (low 1, medium 2, high 3). The preset treatment time in this step is 5 minutes. After this time, the device switches off automatically.
- **4.** Press and hold the ON / OFF button for 3 seconds to switch on the device. Use the ON / OFF button to switch to HYDRATION mode. The application head vibrates, its temperature increases and the EMS electrical pulses function is activated. According to your needs, you can use the LEVEL button to adjust the intensity of the EMS micropulses (low 1, medium 2, high 3). The preset treatment time in this step is 5 minutes. After this time, the device switches off automatically.
- **5.** Press and hold the ON / OFF button for 3 seconds to switch on the device. Use the ON / OFF button to switch to the collagen fiber support mode. The application head vibrates, its temperature decreases and the EMS electrical pulses function is activated. According to your needs, you can use the LEVEL button to adjust the intensity of the EMS micropulses (low 1, medium 2, high 3). The preset treatment time in this step is 2 minutes. After this time, the device switches off automatically.

In each of the preset modes, you can turn on using the LED button any photon light - red or blue.

# **NOTES ON DEVICE USING**

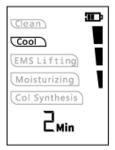
- 1. The vibration function only works when your fingers are in contact with the guide straps on the sides of the device while holding the device. Otherwise, the application head will not generate vibrations. When your fingers come in contact with the guide straps, the circuit between you and the machine closes. The device recognizes the contact and then activates the vibration. This way you can only treat yourself. If you try to treat another person's skin, the vibration will not work.
- 2. If you do not want the vibration function to be activated, hold the device away from the area where the side conduction straps are.
- 3. When the time on the display has elapsed, the device always switches off automatically. If you want to use another skin treatment mode, you must switch the device on again using the ON / OFF button.
- **4.** When the device is switched off, the internal components of the device cool down using the fan on the back of the device. Never cover the back of the device. Free access to the air flow must be maintained. The fan switches off automatically when the device is switched off.
- 5. When using a photon LED light, do not look directly at the light source. No goggles are required to use the device. Just try to avoid a long direct view of the light. This protects your eyesight in the long run.
- **6.** Electric micropulses generate 4 smaller applicators around the perimeter of the application head. If you want to use the EMS function as effectively as possible, during the treatment, try to keep the entire application head in full contact with the skin.
- 7. For the EMS mode to work properly, it is necessary to increase the conductivity of the skin with sonogel or another water-based cosmetic. In general, substances without added dyes or flavors that could irritate sensitive skin are better. You need to try what type of product your skin tolerates best.

# **IMPORTANCE OF INDIVIDUAL PROGRAMS**



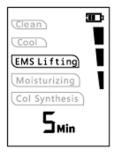
#### 1. DEPTH CLEANING

It is advisable to thoroughly cleanse the skin before each skin treatment. Place a cloth or napkin on the application head and secure with a plastic ring. Gradually treat the entire face with long or circular movements. A cloth or napkin catches any dirt. The application of heat opens the pores, which helps to clean it. Remove the cloth before the next skin treatment step.



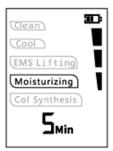
#### 2. COOLING THE SKIN BY REFRIGERATION

In this program, the application head cools down. Moving on the face will gradually soothe the skin. The skin pores shrink.



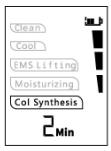
#### 3. EMS PULSE LIFTING

Apply a thin layer of clear conductive gel on the skin. Electric pulses gently stimulate the facial muscles. EMS non-invasive lifting significantly contributes to increasing skin elasticity. Highlights facial contours.



#### 4. HYDRATION MODE

Multiple improvement in the penetration of cosmetic cream or serum. The active ingredients penetrate better through the upper layer of the skin into the dermis layer.



#### 5. COLLAGEN FIBER REGENERATION MODE

Once the skin is sufficiently hydrated, the combination of heat therapy and EMS pulse lifting will provide intense stimulation of collagen and elastic fibers.

In each of the preset modes, you can turn on using the LED button any photon light - red or blue.

# **FACIAL TREATMENT OPTIONS**



**FOREHEAD:** move away from the center facing the edge, gradually cover the entire



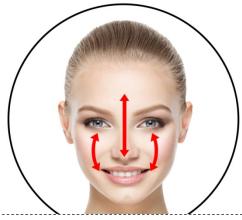
**NOSE:** move from the forehead around the nose to the face, from top to bottom



**FACE:** move your face in the direction **bottom to top** 



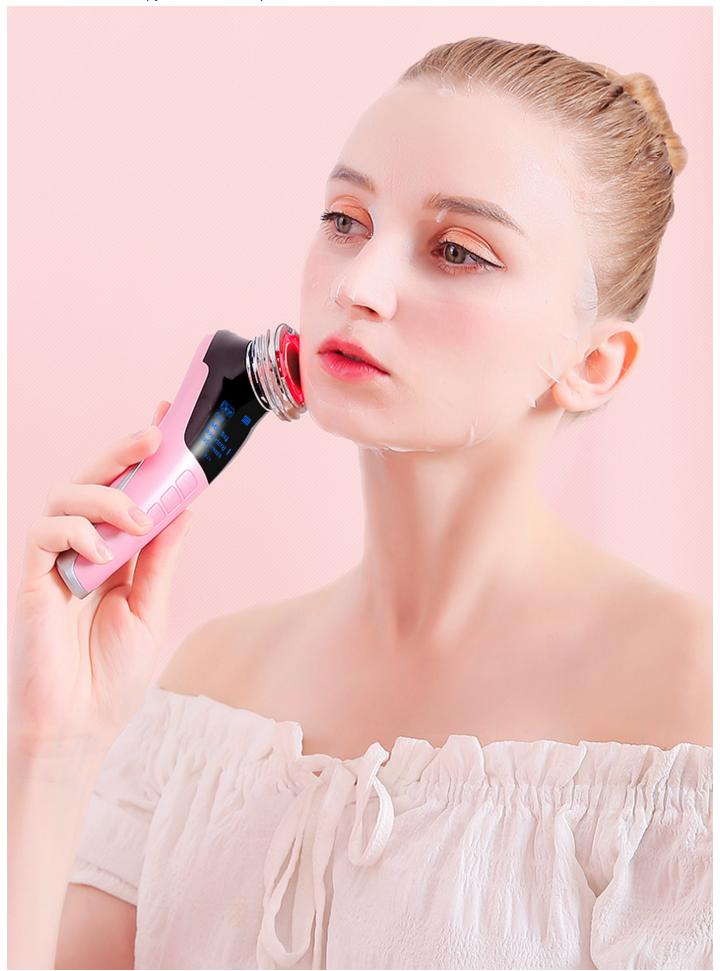
**CHIN:** Move from the tip of the chin along the contours of the face, from bottom to top



**T ZONE:** move from forehead to the tip of the nose



**NECK:** Move from the chin towards the ear and then down to the neck



# **SOLVING POSSIBLE PROBLEMS**

Problem	Possibility reason	Solution	
The device cannot be switched on.	The effect of electric micropulses is too strong. The ON / OFF button is not pressed long enough.	Press the ON / OFF button for 3 seconds.	
	The device is connected to a USB charging cable.	Disconnect the device from the power cord before using the device.	
	The battery is empty.	Charge the device battery sufficiently before use.	
Charging problem.	The charging cable is not sufficiently connected to the USB port of the computer or laptop.	Reconnect the end of the charging cable to the USB port of a computer or laptop.	
	The charging cable is not connected to the device sufficiently.	Reconnect the end of the charging cable from the device.	
	The charging cable is damaged.	Replace the charging cable with a new one.	
The effect of electric micropulses is too strong.	The intensity level is too strong.	Decrease the intensity level to 1.	
	Cosmetic cream is on the skin in too small an amount or not at all.	Apply more cream to the skin to increase skin conductivity	

# **FREQUENTLY ASKED QUESTIONS AND**

## **ANSWERS**

#### How do I know that EMS is turned on and working properly?

If you move the applicator really slowly on the skin, you will feel the presence of the EMS function as a gentle tingle. Exactly at that moment, all the structures of fine mimic wrinkles are stimulated. Electric micropulses act on the collagen and elastic fibers of the skin. They significantly improve the elasticity of the skin in the long run.

#### I move my skin on the skin and I don't feel any pulses. It's alright?

The action of electric micropulses is very subjective and individual. It depends on several factors. The perception of electrical pulses is weaker if you have a thicker layer of fat on the treated area. The cause may be a small amount of cosmetic cream on the skin. You can also change the grip angle of the device during use.

#### What is the real difference between VIBRACE and EMS?

Each function has its own purpose. The vibrations are mainly intended to support the lymphatic system of the face. EMS functions to stimulate collagen fibers.

#### How to choose the right intensity of EMS function?

The EMS function offers different intensities of action. Each user may have a different layer of subcutaneous fat. Fat acts as a resistance. If there is more subcutaneous fat, the electrical pulses must be stronger to penetrate into the dermis.

#### Can I use the device if I have makeup on my skin?

Always remove all make-up before each use of the appliance. It would create a barrier between the applicator and the skin. Electric micropulses could not penetrate the skin sufficiently.

#### How often and for a long time do you use the device?

There is no significant restriction in this area. The optimal duration of the treatment should be around 19 minutes. Each treatment mode has a preset treatment length. It is possible every day while relaxing or watching TV. In the morning before applying makeup or in the evening before going to bed. If the skin is more irritated at higher power, take a day or two before using the appliance again.

#### Is the device difficult to maintain?

After each skin treatment, pay special attention to the application head. Always make sure that there is no moisture left on them. Use alcohol once in a while for maximum disinfection.

#### When can I expect any results?

The speed of achieving the beneficial effects of the device are very individual. It depends on many factors: the level of subcutaneous fat, age, sex. Continuity of instrumental treatment is necessary to achieve results. Thanks to the compact size of the device, you can have it with you on the go. Try to make the device a regular part of your daily skin care ritual.

#### Is use prohibited in some cases?

There are situations where the use of the device is not recommended. Follow the section in this manual called Contraindications.

## TECHNICAL PARAMETERS

Automatic modes: Clean, Cool, EMS lifting, Moisturizing, Collagen synthesis

Charging voltage: 500mA.Battery capacity: 1000mAh.

Power: 8.5W.

Battery charging time: approx. 2.5 hours.

Dimensions: 17.5x5.5x6.7cm.

Weight: 145g.

# **BATTERY CHARGING**

The device has a built-in rechargeable battery. The battery charge status is indicated by an icon on the display

#### Charging procedure:

- 1. Use only the included charging cable for charging.
- 2. Connect the other end to a USB port on a computer or laptop.
- 3. The battery icon flashes while charging.
- 4. When the battery is charged, the battery icon stops blinking.

Caution: Do not connect the charging cable to a 220V AC adapter. This would permanently damage the device. Use only the USB port of a computer or laptop as a power source.

## **CLEANING AND MAINTENANCE**

Always make sure that the applicators are sufficiently cleaned after the treatment. Do not use any aggressive cleaning agents. We recommend the use of special disinfectant sprays, which are commonly used, for example, in healthcare or beauty salons for cleaning tools. Classic pure alcohol will also suffice. Moisture must NEVER penetrate directly into the unit. Before cleaning, it is advisable to remove the application head from the device. A cotton swab or dry cloth is ideal for cleaning. Before using the device again, no gel, cosmetic cream or serum residues must remain on the applicator. Finally, always check that the application head is completely dry. Under no circumstances use any sharp objects that could damage the surface of the head when maintaining it. The surface of the contact surface of the head could be damaged.

### DISPOSAL OF USED ELECTRONIC EQUIPMENT



This symbol on the products or in the accompanying documents means that the used electrical and electronic products must not be added to ordinary municipal waste. For proper disposal, recovery and recycling, transfer these products to designated collection points. Alternatively, in some countries of the European Union or other European countries, you can return your products to your local retailer when buying an equivalent new product. Proper disposal of this product will help to conserve

valuable natural resources and help prevent potential negative environmental and human health impacts, which could be the consequences of improper disposal of waste. Please contact your local authority or nearest collection point for further details. This symbol is valid in the European Union. To dispose of this product, ask for the proper disposal information from your local authorities or from your dealer.

# **CERTIFICATION**



This product complies with the requirements of the EU directives on electromagnetic compatibility and electrical safety.

# **IMPORTER**

SANTADRIA s.r.o., Mojmírovo nám. 75/2 Brno, 612 00

IČO: 29195454 | DIČ: CZ29195454

If you have any questions regarding the product, please do not hesitate to contact us: Email: mh@santadria.cz Tel: 737 196 160

Typographical errors, properties and changes in technical parameters reserved.

# **ES DECLARATION OF CONFORMITY**

Signed below, representing the company

#### SANTADRIA s.r.o.

Mojmírovo nám. 75/2, Brno 612 00, IČ: 29195454

hereby declares, as an importer in the EU, that the product with the trade name below is listed below

### Cosmetic beauty face device

placed on the market under the model name: **BR-1350**EAN: **8594166116740**belonging to the product group of the brand **BeautyRelax** 

complies with the following European standards:

EN 55014-1:2006 + A1:2009+A2:2011 EN 61000-3-2:2014 EN 61000-3-3:2013 EN 55014-2:2015

Details are given in test report number: BSTXD1903DL1910301ER

#### Based on compliance with these guidelines, the product has been CE marked.

The product also complies with the RoHS Directive 2002/95 / EC (RoHS). All materials are not harmful to health. They do not contain any heavy metals, such as cadmium and other toxic substances.

For safe use, it is necessary to strictly follow the instructions given in the operating instructions that are included in the package.



Martin Hrbek, executive director

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